

# Trucking Wellness celebrates 25 Years of Service in 2024



## 2022

To boost HIV testing, Nutri-Go porridge was introduced as an incentive at clinics, receiving positive feedback from drivers.

Sr. Kgadi Maja joined Musina Clinic, and Sr. Betty Nttema started in Cape Town, strengthening our healthcare team and expanding wellness services.

The Trucking Wellness Annual Workshop was held from March 28 – April 1, 2022, at The Lakes Hotel. This event brought together stakeholders for learning, collaboration, and strategic planning to advance Trucking Wellness initiatives.

Sr. Moses Motseki from Ventersburg Wellness Clinic obtained his dispensing license on September 29, 2022.

Trucking Wellness showcased its impact alongside the RFA at the Mega-T Expo on Oct 6-7, 2022, engaging with the trucking industry to promote driver health..

Visibility and accessibility to Trucking Wellness services were improved with the revamping of clinic signage across ten locations, including Roodekop, Cape Town, Hanover, Warden, Colesburg, Kokstad, Port Elizabeth, Marianhill, Villiers, and Musina.



## 2023

With the generous support of OR Tambo District Municipality, Trucking Wellness operates from 8 AM – 2 PM, followed by our dedicated Trucking Wellness staff from 2 PM – 8 PM, ensuring continuous daily care.



In February 2023, the CEO and team from Daimler Truck Southern Africa visited our Roodekop, Villiers, and Harrismith clinics, strengthening industry collaboration.

On April 26, 2023, we expanded our mobile wellness services with the addition of five new Toyota mobiles and two Mercedes-Benz Vitos.

The new mobile clinics were proudly showcased at the RFA Convention in George in May 2023, highlighting our commitment to accessible healthcare.

In July 2023, Sr. Tabisa Mtengwana joined as the new nurse in Port Elizabeth. Further strengthening our team, Patrick Langa transferred from Mooiriver Clinic to Tugela Clinic as Coordinator, while Mduduzi Dlamini stepped into the Coordinator role at Mooiriver Clinic in September 2023.

In October 2023, Trucking Wellness partnered with Engen to provide free health screenings to truck drivers at Engen 1-Stops and Truck Stops across South Africa.

## 2024

Trucking Wellness proudly celebrates 25 years of service.

Mrs. Nomathamsanqa Sethunya, M&E Specialist, joined the CEP team in April 2024

In March 2024, Trucking Wellness attended the Truck Driver Symposium, hosted by the Safer Stops Association and the National Department of Transport, providing comprehensive health screenings.

Designed and introduced a Client Engagement Survey to gather feedback on client experiences at our clinics.



For Nelson Mandela Day in July 2024, Wellness Clinics collected and distributed donations to orphans at Steyn & Stofberg School Hostel, Hope House, House of Emmanuel, and Lighthouse Community Services.

In August 2024, Trucking Wellness mobile clinics provided health checks at Halfway House during the Fleetwatch Golf Day.

The Annual Employee Workshop, held in August 2024, focused on enhancing service delivery in the trucking industry.

To improve accessibility, several Wellness Clinics relocated to strategic locations:

- Warden Clinic – Ukulala Truckstop, Warden
- Ventersburg Wellness Clinic – Shell Ultra City, Kroonstad
- East London Wellness Clinic – Buffalo Truck Stop, East London

In October 2024, Trucking Wellness exhibited alongside NBCRFLI at the Road Freight SME Summit.

Trucking Wellness was represented by Mr. Tertius Wessels, MD of CEP, at the NBCRFLI Stakeholder Conferences in Cape Town, Durban, and Mpumalanga.

During October Transport Month, Trucking Wellness partnered with Engen to offer health screenings at Engen Truck Stops.

On December 3, 2024, the Annual Wellness Roadshow took place at Shell Ultra City, Kroonstad, hosted by NBCRFLI and Trucking Wellness.



01	<b>CAPE TOWN (N1)</b> Engen Service Station, Winelands 1 Stop North, N1 National Road, Joostenbergvlakte, Kraaifontein
02	<b>BEAUFORT WEST (N1)</b> Roadside Wellness Centre, Engen Truck Stop, 3438 Factory Street, Industrial Area
03	<b>HANOVER (N1)</b> N1 Excel Truck Stop, Queen Street
04	<b>COLESBERG (N1)</b> Shell Ultra City, N1 National Highway, 5km outside Colesburg
05	<b>KROONSTAD (N1)</b> Kroonstad Trucking Wellness Clinic, Shell Ultra City Kroonstad, N1 North Eastern Bypass
06	<b>GQEBERHA (N2)</b> Engen Truck Stop, 1 Old Grahamstown Road, Spoorinet, Swarkops
07	<b>EAST LONDON (N2)</b> East London Trucking Wellness Clinic, Buffalo Truck Stop, Corner of the R72 and Buffalo Pass Road
08	<b>MTHATHA (N2)</b> Shell Ultra City, Nelson Mandela Drive
09	<b>KOKSTAD (N2)</b> Engen Truck Stop, Main Road
10	<b>MARIAN HILL (N3)</b> Metro Truckstop, Shell Garage, 1-9 Westmead Road, Westmead, Pinetown
11	<b>MOOI RIVER (N3)</b> Mooi River Truck Stop, across the weighbridge, R103 Old Main Road
12	<b>TUGELA (N3)</b> Off-ramp Ladysmith, Tugela Truck Inn, R103, Harrismith Road, Ladysmith
13	<b>HARRISMITH (N3)</b> Highway Junction, Engen Truck Inn, Nywerheids Road, Hardustria
14	<b>WARDEN (N3)</b> Warden Trucking Wellness Clinic, Ukulala Truck Stop, 1 Industrial Road
15	<b>VILLIERS (N3)</b> Vital Truck Inn, Situated next to the N3 at the RS4, Off-ramp 5
16	<b>POMONA</b> Keim Truck Stop, 103 EP Malan Road
17	<b>ROODEKOP</b> Roodekop Truck Stop, 47 Nederveen Highway, Germiston
18	<b>ZEERUST (N4)</b> Zeerust Truck Inn, N4 Main Road, Zeerust
19	<b>KOMATIPOORT (N4)</b> Roadside Wellness Centre, Komatipoort Airport
20	<b>BEIT BRIDGE BORDER POST (N1)</b> Gateway Truck Stop, Beitbridge Border Post, Musina



**AWARENESS EDUCATION**  
1 008 778  
Truck drivers & women at risk

**PATIENTS VISITING CLINICS**  
637 071  
Truck drivers & women at risk

**NUMBER OF STI TREATMENTS**  
94 166  
Truck drivers & women at risk

**CONDOMS DISTRIBUTED**  
35 374 337  
Estimated Number