



Driving the well-being of the industry.

**ANNUAL REPORT
2023**



Building a Legacy, Embracing the Future

Welcome to our Annual Report, a showcase of our achievements, progress, and commitment to excellence throughout the year.



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An Initiative of the



Introduction

The Trucking Wellness Programme was launched in 1999 as an initiative of the National Bargaining Council for the Road Freight and Logistics Industry (NBCRFLI). The programme is a primary healthcare delivery system dedicated to the health and wellness of those employed in the Road Freight and Logistics Industry.

Over the years, Trucking Wellness has evolved into a sustainable model of primary healthcare delivery to key populations through a blend of sleek mobile Wellness Centres and 20 fixed roadside Wellness Centres.

These Clinics can be found on all major trucking routes and across South Africa's borders.

Since its inception, the programme has grown into providing a holistic approach to health and wellness which encompasses a wide range of client specific, easily accessible and free primary health care services, including:

Condom use education and distribution.

Referrals to appropriate service providers for ART, HIV and AIDS treatment and care.

TB awareness, information, education, screening and referrals for treatment and care.

Malaria awareness, information, education, screening and referrals for treatment and care.

HIV awareness, information, education, counselling and testing.

Screening tests for blood pressure, blood sugar, blood cholesterol and body mass index.

Diagnosis, treatment, care and support of primary health problems or concerns.

STI screening diagnosing, treatment and education.

All the Clinics are owned and funded by the NBCRFLI and supported by donor organisations, industry partners, local government and relevant health departments.

To delve into further detail regarding the life of a truck driver, each day involves incredibly demanding hours, travelling long distances and prolonged time away from home and loved ones. Additionally, the trucking industry, which is faced with the challenges of rising fuel costs, safety and constant driver shortages, now faces an even deadlier threat from the impact of HIV/AIDS. Loneliness has encouraged many drivers, married or single, to find comfort on the side of the road - generally in the arms of a sex worker. The consequences are devastating, with STI's and HIV/AIDS being rapidly spread from one truck stop to another.

Cape Town (N1)
Engen Service Station, Winelands 1 Stop,
N1 National Road, Joostenbergvlakte, Kraaifontein, **1**

Beaufort West (N1)
Roadside Wellness Centre, Engen Truck Stop,
3438 Factory Street, Industrial Area, Beaufort West. **2**

Hanover (N1)
N1 Excel Truck Stop, Queen Street, Hanover. **3**

Colesburg (N1)
Shell Ultra City on the N1, 5km outside of Colesburg. **4**

Ventersburg (N1)
3 Cachet Street, Ventersburg. **5**

Gqeberha (N2)
Engen Truck Stop, 1 Old Grahamstown Road,
Spoornet, Swartkops. **6**

East London (N2)
Engen Truck Stop, 16A Settlers Way, Gately,
Westbank, East London. **7**

Mthatha (N2)
Shell Ultra City, Nelson Mandela Drive, Mthatha. **8**

Kokstad (N2)
Engen Truck Stop, Main Road, Kokstad. **9**

Marian Hill (N3)
Engen Truck Stop, 129 Westmead Road, Pinetown. **10**

Mooi River (N3)
R103 Old Main Road, Engen Truck Stop, Mooi River. **11**

Tugela Truck Stop (N3)
Off-ramp Ladysmith, Tugela Truck Inn,
Opposite Toll Plaza. **12**

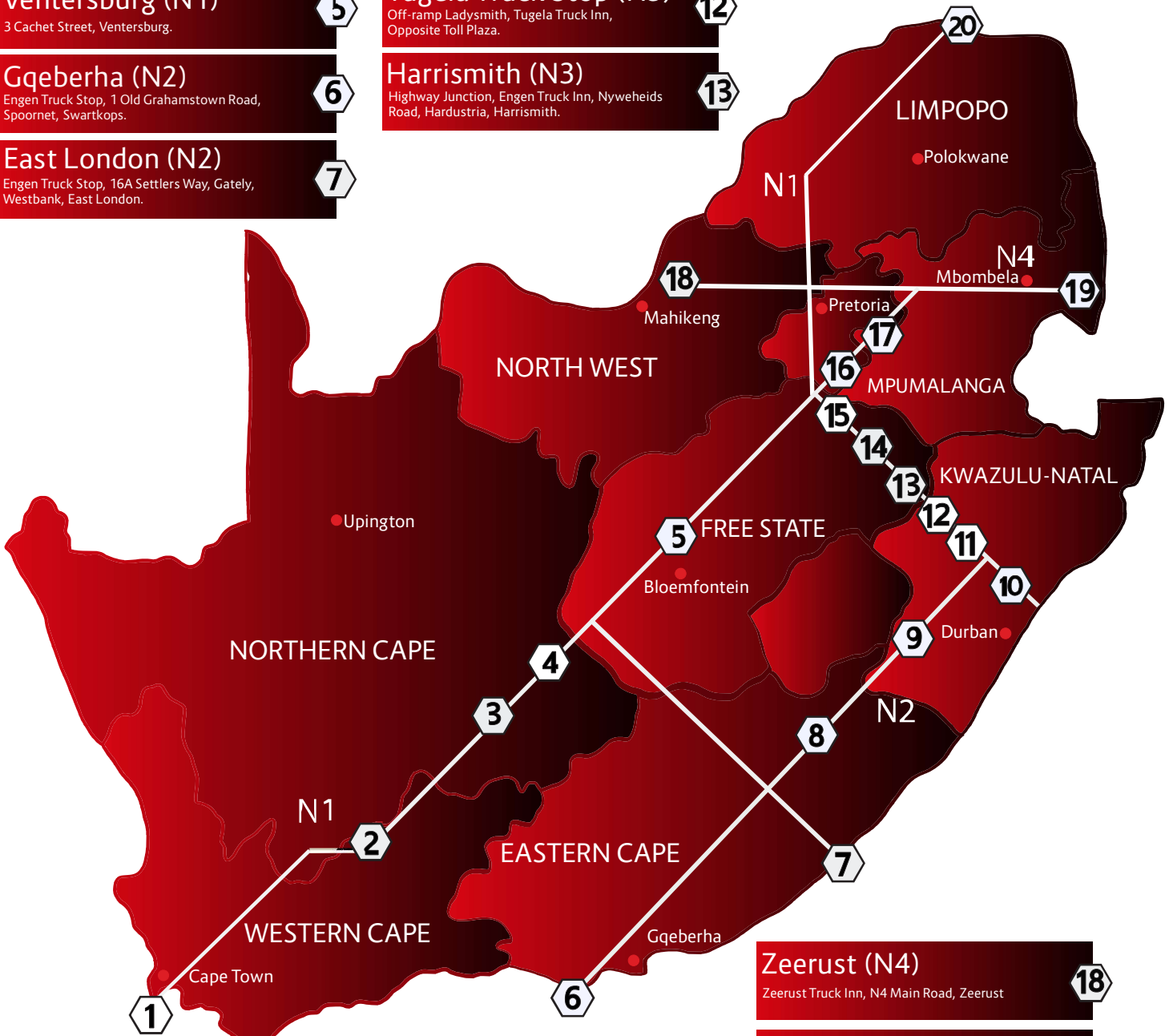
Harrismith (N3)
Highway Junction, Engen Truck Inn, Nyweheids
Road, Hardustria, Harrismith. **13**

Warden (N3)
Warden Truck Stop on the R714 Road. **14**

Villiers (N3)
Vaal Truck Inn situated next to the N3 at the
R54 off-ramp 5. **15**

Pomona
103 EP Malan Street, Pomona Estates,
Kempton Park. **16**

Roodekop
Roodekop Truck Stop, 47 Nederveen Highway,
Germiston. **17**



Zeerust (N4)
Zeerust Truck Inn, N4 Main Road, Zeerust **18**

Komatipoort (N4)
Roadside Wellness Centre,
Komatipoort Airport. **19**

Beit Bridge Border Post (N1) **20**

Trucking Wellness currently has 20 fixed Clinics across South Africa as well as a fleet of sleek mobile clinics.

Together, We pave the way for a brighter future.

We extend our heartfelt gratitude to our esteemed sponsors whose unwavering support has been pivotal in driving our mission forward. Their commitment to excellence aligns seamlessly with our vision for growth and progress.

We are honoured to acknowledge Daimler Truck Southern Africa, National Bargaining Council for the Road Freight and Logistics Industry, N3 Toll Concession and Reef Tankers for their invaluable contributions to our journey of success.

Furthermore, we are privileged to feature forewords from each of our sponsors on the following pages, offering their insights and perspectives on our collaborative efforts and shared goals.



DAIMLER TRUCK
Southern Africa



Message

FROM

National Bargaining Council for the Road Freight and Logistics Industry

Musa Ndlovu
National Secretary



Driving the well-being of the Road Freight and Logistics Industry despite rough terrain

It is with great pride to present the 2023 Annual Report which reflects the performance of Trucking Wellness Programme (TWP) - a key role player in the realm of health and wellness within the Road Freight and Logistics Industry since 1999. TWP continued to champion the well-being of our Industry despite budgetary and operational challenges.

For the period under review, TWP shifted its focus completely back to its primary healthcare services as the attention on COVID-19 Pandemic faded out. We are proud to have contributed significantly to the fight against the Pandemic within our Industry through a fully-fledged COVID-19 vaccination drive for Industry employees.

To ensure continued delivery of essential services and expanded reach of employees within the Road Freight and Logistics Industry, we replaced the old fleet of Mobile Trucking Wellness with new ones. We are grateful and appreciate the vehicles sponsored through the Mercedes Benz funding.

As a shining example of public-private partnership, TWP continued to explore and bring aboard as many key role players as possible to elevate the Road Freight and Logistics Industry's well-being. With the generous support of OR. Tambo District Municipality and one of its partners, they have successfully appointed a Professional Nurse to serve the community and road users at the Mthatha Wellness Clinic from 8:00 AM to 2:00 PM every day.

This nurse will handover duty to our designated Professional Nurse at 2:00 PM. This collaborative effort is intended to ensure consistent healthcare availability. During the Transport Month in October 2023, TWP collaborated with Engen on their National Roadshow Trucker Wellness Initiative to formalize the long-standing partnership for the benefit of the Industry.

For the period under review, there was a slight decrease in the number of visitors to the Wellness Clinic Centres as 125 less visitors were recorded compared to the previous reporting period. Worth noting is a significant increase of 44% of Industry employees accessing onsite health screening compared to the preceding year. This increase can be attributed to continuous marketing urging Industry employers to invite Trucking Wellness Mobile Clinics to their premises for free onsite services.

Our unwavering commitment to fight the prevalence of HIV/AIDS within the Industry through awareness and referral for treatment of infected persons is demonstrated by our 2023 statistics. Testament to our efforts over the years, in 2023 our Wellness Clinics recorded an increase in HIV screening with 4 736 more people tested and over 2.3 million condoms distributed nationally. Of those tested for HIV, the infection rate was recorded at 1.87%.

Amidst the milestones attained for the year 2023, we had to grapple with the financial and operational challenges. As the Industry focused on recovery from the COVID-19 economic impact, many donors reduced their financial support towards the TWP. On the operational front, staff resignations, retirements and transfers impacted on the number of patients seen and awareness education drives conducted.

Despite these challenges, we remain committed to delivering this valued and fundamental service to an Industry that plays a crucial role in our economy. We must acknowledge the efforts and dedication of our staff at our clinics and those traversing our country through Mobile Clinics ensuring a healthier and safer Industry. We thank the Wellness Committee for their leadership and express our gratitude to all donors and partners of the TWP for their continued support to the shared goal of driving health and well-being within our Industry.



NBCRFLI

National Bargaining Council for the Road Freight and Logistics Industry

Your Road Freight Partner.

Message FROM DTSA

“

Daimler Truck Southern Africa remains committed to truck drivers' health.



Maretha Gerber

Group CEO Daimler Truck Southern Africa

The year 2023 was once again, an amazing year for Daimler Truck Southern Africa and the commercial vehicle industry overall. For all who keep Africa moving continues to not only be our purpose, but our mandate for the Southern Africa region. Despite the dynamic and challenging operating environment, we acknowledge that truck drivers play a crucial role in keeping Africa moving, with their health remaining a key focus area for us as DTSA.

Statistics continue to show that access to quality health care remains to be an ongoing challenge for most truck drivers across the industry. Making our partnership with Trucking Wellness pivotal in addressing this unfortunate health care gap. Proud to say that since 1999 the Trucking Wellness programme has grown into providing a holistic approach to health and wellness, which encompasses a wide range of client specific, easily accessible, and free primary health care services to those employed in the Road Freight and Logistics Industry.

The primary health care services includes: condom use education and distribution; STI screening diagnosing, treatment and education; HIV awareness, information, education, counselling and testing; referrals to appropriate service providers for ART as well as HIV and AIDS treatment and care; TB awareness, information, education, screening and referrals for treatment and care, malaria awareness, information, education, screening and referrals for treatment and care, screening tests for blood pressure, blood sugar, blood cholesterol and body mass index, diagnosis, treatment, care and support of primary health problems or concerns.



Over the past 15 years thousands of truck drivers lives were positively impacted through the programme gaining access to the services through fully-fledged mobile Wellness Centres and 20 fixed roadside Wellness Centres, strategically located on all major trucking routes and across South Africa's borders, in addition to DTSA's key account customers' Fleet Owners Workplace Programme for Mercedes-Benz Trucks, FUSO Trucks, and Mercedes-Benz Buses.

Looking at this year's annual report, we are proud that together with our dedicated dealer network and Trucking Wellness 4 of our key account customers successfully implemented the Fleet Owners Workplace Wellness Programme in 2023; 31 436 people received healthcare information and education; 20 096 truck drivers received primary healthcare treatment; 22 920 HIV tests and counselling were conducted and 458 workplaces were visited, providing 15 451 employees access to onsite health screenings. These are impressive statistics, and we commend Trucking Wellness for their hard work on the ground.

To conclude, truck driver's health is paramount due to the nature of their work, consisting of long hours and often under stressful conditions. Although we immediately think that employers and regulators are primarily responsible for truck driver's health, it really requires collaboration among a greater span of stakeholders. It is because of this understanding that I am extremely grateful to the Trucking Wellness workforce, the DTSA dealer network and our cherished customers for their invaluable contribution in making this worthy cause a success. A healthy truck driver is a safer truck driver and DTSA will continue to make primary health care access easier for this industry.

Message
FROM

N3TC

Safety. Convenience. Mobility.

Insights garnered from data collected over the nearly 25 years since the commencement of the N3 Toll Concession, underline the stark reality that human error remains the biggest threat to the safety, convenience, and mobility of all road users on the N3 Toll Route.

The importance of truck transportation to the South African economy has grown, largely due to the inability of the failing rail network to adequately facilitate the transfer of the millions of tonnes of goods imported and exported through the South African ports on an annual basis.

Trucks constitute approximately 44% of all vehicles travelling on the N3 Toll Route daily, which makes the safety, health and wellness of truck drivers even more paramount.

In addition to demanding work hours and extended periods away from home and loved ones, the trucking community is plagued by the prevalence of HIV/AIDS, TB and many other debilitating physical and mental health conditions which, if untreated, may contribute to safety hazards on the road.

N3TC's partnership with Trucking Wellness has been instrumental in unlocking access to quality primary healthcare by communities along the N3 Toll Route for more than two decades. The N3 Wellness Clinics have continued to positively impact thousands of drivers and some of the most vulnerable communities in a safe and convenient way on a daily basis.

Healthcare and disease management should be a top priority to all stakeholders within the road freight industry; the disastrous consequences of chronic diseases, poor diets, long stressful working hours and substance abuse are too great to ignore. Partnerships such as the longstanding one between N3 Toll Concession (N3TC) and Trucking Wellness help to spearhead the efforts to address this need. It is rewarding to have a front row seat to the benefits of quality primary healthcare and to work together with Trucking Wellness to "drive the well-being of the [road freight] industry."



Thania Dhoogra
Chief Operating Officer

Message

FROM



Summen Gouden
Head: Human Resources & Development

It is with great pride that we, at Reef Tankers, present this foreword, reflecting our ongoing commitment to the well-being of our community and the drivers who form the backbone of our industry.

Since 2011, we have been honored to serve as the proud sponsor of the Trucking Wellness Clinic, nestled in the heart of Roodekop. Strategically located at the bustling Reef Truck Stop in the vibrant South of Johannesburg, this clinic stands as a beacon of health and support for our dedicated truck drivers and the broader community of Leondale.

More than just a facility, the Trucking Wellness Clinic embodies our unwavering dedication to fostering wellness, providing invaluable access to vital healthcare services, wellness advice, and raising essential awareness about health matters. It is a testament to our belief that every individual, regardless of their profession or background, deserves access to quality healthcare and support.

As we look ahead, our commitment to Trucking Wellness remains steadfast. We are determined to continue making a meaningful impact in the lives of those who visit the Wellness Clinic, ensuring that they receive the care and assistance they need to thrive on the road and beyond.

Together, we stand united in our pursuit of a healthier, happier community, where every individual has the opportunity to reach their full potential.

Thank you for joining us on this journey. Together, we can make a difference.



2023 Highlights

ROADSHOW

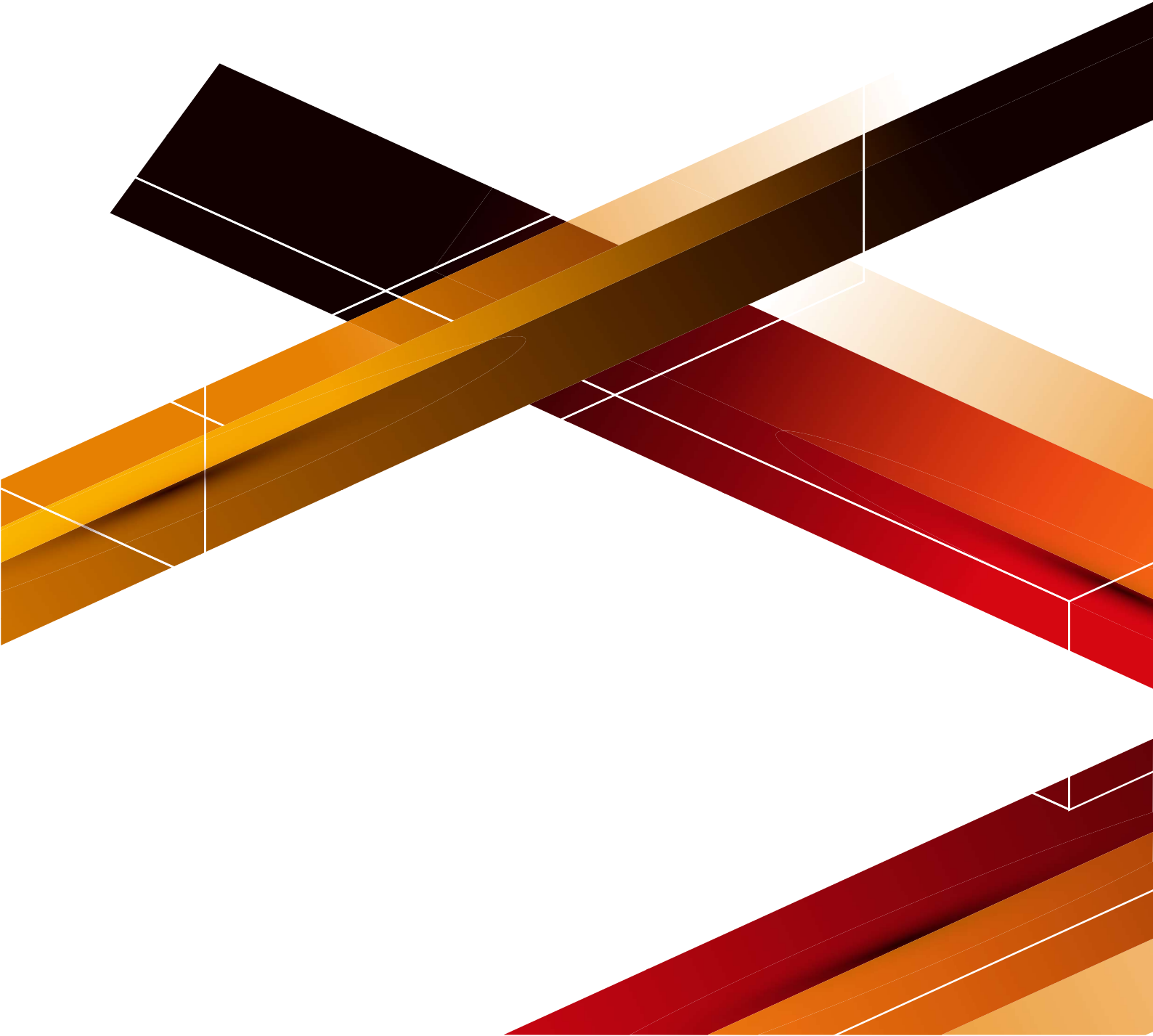
On February 13, 2023, the CEO and team members of Daimler Truck Southern Africa (DTSA) embarked on a visit to the Roodekop Wellness Clinic, which was followed by stops at the Villiers Wellness Clinic and Harrismith Wellness Clinic.

The purpose of this visit was to provide the DTSA CEO and team with a first hand understanding of the operations at these clinics and to offer a more hands-on experience.

The scheduled tour aimed to familiarize the DTSA leadership with the day-to-day activities and challenges faced by the clinics, facilitating better decision-making and support in their endeavours.



Both Pomona Wellness Clinic and Roodekop Wellness Clinic nurses participated in a training session at the CEP offices on 30 October 2023, to learn about the new Patient Management System. The purpose of the training was to prepare for a trial period to assess the functionality and performance of the system which commenced on 1 November 2023. Both nurses will receive training on ICD 10 codes in January 2024 to operate the Patient Management System more comfortably. It has been recognized that the system requires further development to ensure it can furnish the necessary information sought by Trucking Wellness for reporting and analysis purposes. The discussions and planning phase is set to begin in 2024.





CEP Annual Employee Workshop

In March 2023 the Trucking Wellness Annual Employee Workshop was held at Kopanong Hotel and Conference Centre.

The Annual Workshop is organized to keep our staff consistently updated on wellness-related topics crucial to their roles, aligning with the latest advancements and industry best practices. This ensures that our project personnel are equipped with the knowledge and skills necessary to address evolving challenges in healthcare.

In 2023 the Annual Trucking Wellness workshop was hosted from 23 - 27 March with topics handled:

- Prostate, Testicular Cancer, Breast and Cervical Cancer by Pink Drive.
- Male Sexual Health by Mens International Clinic.
- Epilepsy and Driver Health Programmes by Dr. Clifford Panter.
- Binge Drinking by Elim Clinic.
- Depression by SADAG.
- HIV Treatment as prevention by Angela Motsusi.
- NSP 2023 - 2028 by SANAC also addressing one of Trucking Wellness objectives: the issue of Mother-to-Child transmission of HIV. (To maximize equitable and equal access to HIV, TB and STI's prevention, treatment and care programmes. The participatory and inclusive priority actions consider the people and communities as equal partners in the fight against TB, HIV and STI's.) Following the workshop, Trucking Wellness subsequently implemented this plan across all wellness clinics.

Pink Drive also conducted breast examinations and prostate tests for staff members.

In 2023, Corridor Empowerment Project and Trucking Wellness employees had the privilege of celebrating the retirement of three dedicated nurses who have been with the project since its early days. From left to right in the photo: Sr. Theresia Mphuthi, Sr. Zoliswa Dubase, and Sr. Zuki Mcopela. Their commitment and service have been invaluable, and we are grateful for their contributions.



Clinic of the year

Clinics were evaluated based on specific objectives and rewarded with an incentive accordingly.

- 1. HIV Statistics.
- 2. Effort.
- 3. Clinic Cleanliness.
- 4. Reporting to Head Office.
- 5. Attendance.
- 6. Truck Stop Size and Volume of Vehicles parked at the Truck Stop.

- 1st Place - Villiers Roadside Wellness Clinic
- 2nd Place - Komatipoort Roadside Wellness Clinic
- 3^d Place - Musina Roadside Wellness Clinic



Mooriver Clinic held a Wellness day on the 28th of April in collaboration with the Department of Health.



Kokstad Wellness Clinic had a Wellness campaign in collaboration with the Department of Transport on 24 April 2023 to inform drivers about their health and rules of the road.





Mr. Tertius Wessels, Managing Director of Corridor Empowerment Project, managing the Trucking Wellness Project for the NBCRFLI, attended the Daimler Truck Southern Africa Grand Opening on 25 April 2023.

In April 2023, Trucking Wellness received a delivery of 5 new branded Toyota mobiles, followed by the arrival of 2 new branded Mercedes Benz Vitos in May 2023. This exciting addition to their fleet enhances their capacity to deliver essential services to the Road Freight Industry.



Trucking Wellness had the privilege of being invited to attend the RFA Convention held in George. The convention provided an excellent opportunity for Trucking Wellness to showcase their new mobile wellness clinics. The display of the Mobile Clinics took place at the venue on May 26 and 27, 2023. The presence of Trucking Wellness at the RFA Convention allowed for increased visibility and the participation of Trucking Wellness at the RFA Convention and the display of the new mobile wellness clinics served as a significant milestone in the ongoing efforts to improve the well-being of truck drivers and promote a culture of health and wellness within the industry.



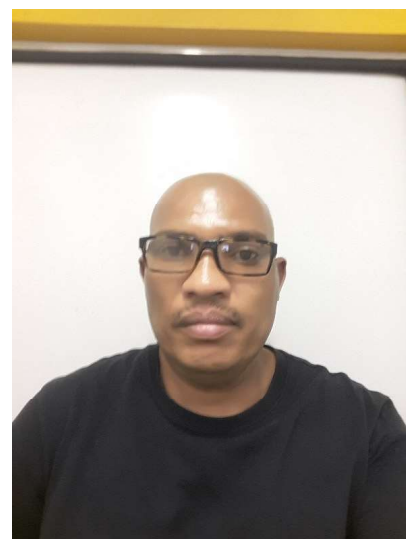
Staff transfers and appointments 2023

On July 3, 2023, Coordinator Mr. Patrick Langa, previously stationed at Mooiriver Clinic, was transferred to Tugela Clinic with the mission of aiding in its revitalization efforts.



On July 3, 2023, Sr. Tabisa Mtengwana commenced her role as the nurse at Port Elizabeth Wellness Clinic, contributing to the healthcare services in the area.

On April 3, 2023, Sr. Pranitha Mungal, a newly appointed professional nurse provided by the Department of Health (DoH), commenced duties at Mooiriver Wellness Clinic.



The new Coordinator, Mr. Mduduzi Dlamini, officially began his duties at Mooiriver Clinic on September 4, 2023.



Partnership with Engen

Trucking Wellness partnered with Engen for October Transport Month to offer free voluntary health screenings to all commercial truck drivers during the month of October.

All truck drivers passing through Gauteng, Free State, Kwazulu-Natal, Limpopo, Northern Cape, Eastern Cape and the Western Cape were invited to visit participating Engen 1-stops and Truck Stops for free voluntary health screenings. On completion of screening, the drivers received a gift from Engen as a token of appreciation.

Engen Truck Stops that had Trucking Wellness Mobile Clinics on site:

TUGELA 1 STOP NORTH & SOUTH	5-6	OCT	16:00-22:00
CAPE TOWN MARKET TRUCK STOP	16	OCT	16:00-22:00
KROONVAAL 1 STOP NORTH & SOUTH	16-17	OCT	16:00-22:00
HIGHVELD 1 STOP EAST & WEST	16-18	OCT	08:00-17:00
TOUWSRIVER TRUCK STOP	18	OCT	16:00-22:00
BLOEMFONTEIN 1 STOP NORTH & SOUTH	18-19	OCT	16:00-22:00
SPRINGFONTEIN TRUCK STOP	20	OCT	08:00-17:00
KIMBERLY TRUCK STOP	23-24	OCT	08:00-17:00
TRAFFORD ROAD TRUCK STOP	25	OCT	08:00-17:00
TRAFFORD TRUCK STOP	26	OCT	16:00-22:00
UPINGTON TRUCK STOP	26	OCT	08:00-17:00

Engen Truck Stops with fixed Trucking Wellness Clinics:

BEAUFORT WEST
MUSINA GATEWAY
PORT ELIZABETH GONE SOUTH
HARRISMITH HIGHWAY JUNCTION
EAST LONDON KEMPSTON
KOKSTAD



World AIDS DAY



On December 1st, the world came together once again to confront the daunting challenge of HIV/AIDS as we observed World AIDS Day. It stood as a poignant reminder of our global struggle against the virus, honouring the memory of those we've lost and standing in solidarity with those still fighting.

At Trucking Wellness, we transformed our Roadside Wellness Clinics into bustling centers of awareness and support. From enlightening seminars to heartfelt candlelight vigils, we offered wellness screenings alongside music, food, and refreshments. Those who underwent HIV testing received a special gift set—a small token of appreciation with profound significance.

Reflecting on the day, we celebrated the remarkable progress made in the fight against HIV/AIDS. Groundbreaking advancements in treatment and prevention have reshaped the landscape of the epidemic, offering hope for a future free from AIDS.

However, challenges persist, including disparities in healthcare access and lingering stigma.

As we looked back on World AIDS Day, we renewed our commitment to ending the HIV/AIDS epidemic. By ensuring universal access to prevention, treatment, and support, we aimed to pave the way for an AIDS-free generation. Together, we strive to create a world where health transcends boundaries and every life is cherished, regardless of HIV status.



NBCRFLI Health Plan













The NBCRFLI, in collaboration with its Health Plan service provider, Affinity Health, is delighted to present the Health Plan and its associated benefits. Through close cooperation, both entities have diligently assessed members' individual requirements. Consequently, the Health Plan has been customized to address benefits deemed essential by our members. These tailored benefits will be effective from March 1, 2023.





SUMMARY OF BENEFITS - 1 MARCH 2023/2024




Day-to-Day Healthcare Benefits

 24/7 Telephonic Medical/Digital Consulting Hotline	Unlimited telephonic and digital Nurse, Doctor or Mental Health Professional led medical consultation/s. Includes sick notes and over-the-counter and acute medication recommended by the health practitioner according to Formulary. This benefit is also accessible via a Smartphone App which is downloadable for free.
 The Medical Society	Unlimited visits and acute medication at any one of the Medical Society facilities. For assistance to find the Medical Society facility closest to you, call Affinity Health customer care on 0861 00 11 31 or send a "please call me" to 079 409 1834.
 GP Consultations	Unlimited consultations at an Affinity Health Network Doctor (GP), subject to managed care and clinical guidelines. Visit includes acute medication either prescribed or dispensed by an Affinity Health Network Doctor. Pre-authorisation is required from the 6th visit in a one year cycle. Subject to the Affinity Health Formulary and fair use rules.
 Chronic Medication	Members must be registered as a Chronic member to obtain this benefit. To confirm if your chronic condition is covered, you can contact customer care on 0861 00 11 31 or send a "please call me" to 079 409 1834.
 Chronic Disease Management	Available for members that are registered for the Chronic Management Programme, through support we assist you in bringing your condition under control to live a healthier life. For assistance members can contact Affinity Health customer care on 086 100 1131, send a "please call me" to 079 409 1834 or an email to info@nbcrlfihealth.co.za.
 Acute Medication and Nutraceuticals	All medication approved by Affinity Health and according to formulary reference pricing is covered.
 HIV and TB Management Programme	A programme with the objective of improving the health outcomes of members diagnosed with HIV. For assistance members can contact Affinity Health customer care on 086 100 1131, send a "please call me" to 079 409 1834 or an email to info@nbcrlfihealth.co.za.
 Optometry Services	Access to an Affinity Health partner optometrist once every 24 months, which includes one eye test and standard frames, subject to the formulary and available funds per Eligible Member. Member to contact Affinity Health to confirm benefits before visiting any medical professional.
 Radiology and Pathology	Linked to GP consultation as you must be referred by a GP or by the Chronic Care provider for this benefit. Approved x-rays and blood tests as per Formulary will be covered.
 Basic Dentistry	Access to a Designated Dental Service Provider as per maximum benefit limits per Eligible Member. For assistance members can contact Affinity Health NBCRFLI customer care on 0861 00 11 31, send a "please call me" to 079 409 1834 or an email to info@nbcrlfihealth.co.za.

24/7 Emergency Benefits

 Emergency Medical Services & IER Mobile App	24/7 Health and Trauma Telephonic Assistance. Emergency Medical Services are available to Eligible Members by phoning the provided telephone number or using the IER Smartphone App.
 Mental Health and Trauma Assistance Benefit	Telephonic trauma support and counselling by professional and dedicated professionals for traumatic events such as hijacking, armed robbery, shooting, sexual assault, crime, trauma-related gender-based violence, death, attempted suicide and domestic violence.

Hospital Benefits

 Accidental Hospital and Casualty Benefit	For actual costs of emergency casualty private hospitalisation if admitted due to an accident up to the benefit limit of R100 000 . Please phone the pre-authorisation number on your membership card for hospital access.
 Hospital Care Plan	The benefit offers a personal care package to make a patients stay more comfortable while admitted to a State Facility. Included in the package is cell phone airtime, a blanket, toiletries and other personal care items.
 Post Hospital Private Home Nursing	Up to R10 000 per year for the assistance of a private nurse following a stay in Hospital due to an accident. This benefit is available where the Eligible Member is unable to perform 3 or more activities of daily living.

Insurance Benefits

 Funeral Assistance Benefit	A funeral assistance benefit of R12 000 is payable in the event of the death of the Eligible Member. Claims older than 6 months will not be accepted.
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Benefits Applicable per member

 Main Member All Benefits	 Spouse All benefits except Funeral Assistance Benefit, Basic Dentistry Benefits, Optometry Services and Post-Hospital Private Home Nursing	 Dependant Only Hospital Accident/Emergency Medical Services and Hospital Care Plan
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NBCRFLI STANDS FOR THE NATIONAL BARGAINING COUNCIL FOR THE ROAD FREIGHT AND LOGISTICS INDUSTRY

The Council is governed by the Labour Relations Act of 1995, which allows for registered employer and employee organisations to establish a bargaining council for an industry and area. Through collective bargaining, trade unions and employer organisations, which are party to the Council, are able to negotiate matters that are of mutual interest to the Road Freight and Logistics Industry. This approach allows for better regulation of matters which affect the Industry as a whole, thereby enforcing minimum standards and conditions of employment within the Road Freight and Logistics Industry which contributes to labour stability within the Industry. The Council also supports industry members through managing the industry's annual leave, sick leave and holiday bonus funds, and by providing health and wellness services.

For full Policy Wording, please contact Affinity Health on 0861 00 11 31 or info@nbcrlfihealth.co.za

Disclaimer - This is not a medical scheme and the cover is not the same as that of a medical scheme. The policy is not a substitute for medical scheme membership. Subject to Demarcation regulations, we do not refuse membership on the basis of any means of discrimination.

Affinity Health, a product of National Risk Managers (Pty) Ltd (FSP 47132), the Underwriting Managing Agency; Lion of Africa Life Assurance Company Ltd (FSP 15283), the Insurer. This policy shall be voidable in the event of misrepresentation, misdescription or non-disclosure of any particular material fact to this insurance by or on behalf of an insured person. Terms and conditions as contained in the policy document apply.













AFFINITY HEALTH





The NBCRFLI HIV Treatment and chronic disease management programme, proudly administered by Affinity Health

Affinity Health, on behalf of the NBCRFLI, is proud to be providing the very best in HIV treatment and chronic disease management for the NBCRFLI Wellness Plan members.

-  **If you are already registered on the NBCRFLI HIV Treatment programme, you do not have to register again**
-  **Members will enjoy complete confidentiality**
-  **The case managers will help you with any questions you have about medicine, diet or your health in general so that you are able to live the healthiest life possible**
-  **If you are pregnant, the case manager will monitor you during your pregnancy and after the baby is born to ensure you are both healthy**
-  **Contact your dedicated case manager, nurse and/or doctor (by telephone, Please Call Me or e-mail) using:**
 -  **0861 00 11 31**
 -  **Please Call Me 079 409 1834**
 -  **info@nbcrflihealth.co.za**
-  **You and your immediate family will receive emotional support in the form of counselling**
-  **A team of specialist doctors who are experts in chronic disease management will ensure you receive the best possible treatment plan**



How to register on the NBCRFLI HIV Treatment Programme:



Step 1

Contact our call centre on 0861 00 11 31 or send a Please Call Me 079 409 1834 (weekdays from 8:00 to 16:30)



Step 2

Visit an Affinity Health network GP for a consultation and all necessary tests



Step 3

Complete the Affinity Health Chronic Medication Application Form with your Affinity Health network GP



Step 4

Fax or e-mail the application form to 086 537 2457 or chronic@nbcfrlihealth.co.za along with the relevant documents such as your prescription, test results, etc.

Once registered on the NBCRFLI HIV Programme:

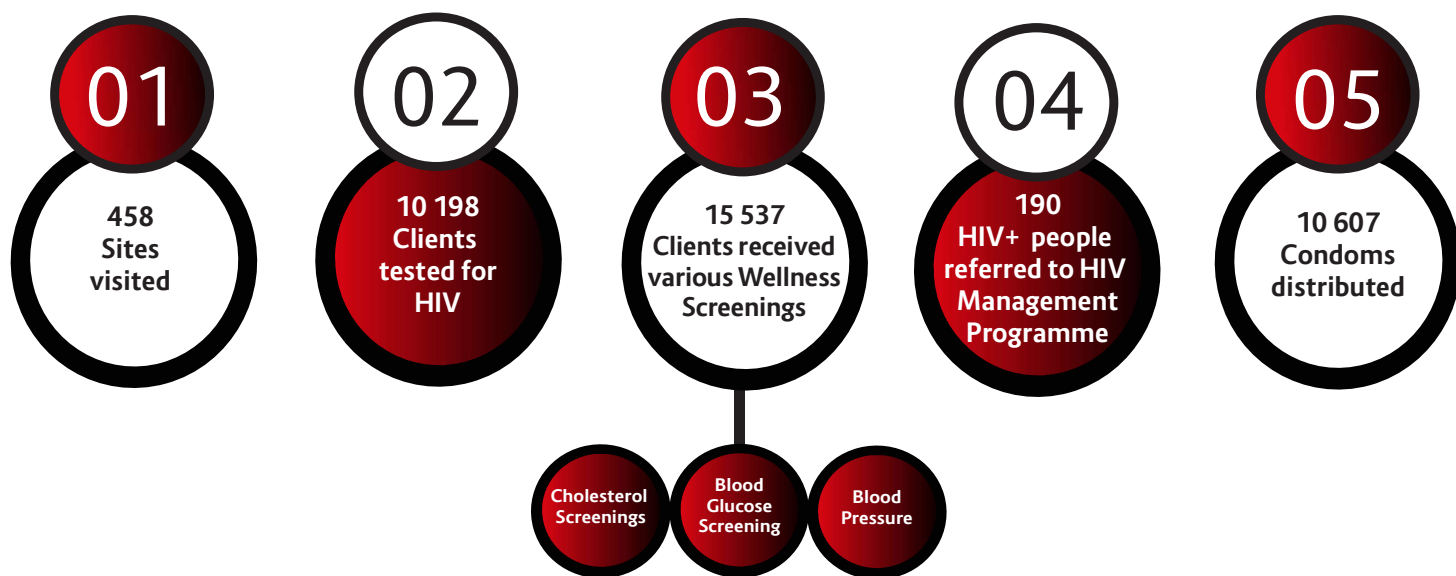
- A case manager will contact you. It is very important that the case manager understands your chronic disease history, how healthy you are and if your chronic medication is working well - remember, all the information you give is strictly confidential;
- We'll need your GP to send a copy of your last prescription and blood results to chronic@nbcfrlihealth.co.za;
- Collect your medicine at any Dis-Chem Retail Pharmacy or use Dis-Chem Courier Pharmacy services by emailing: direct@dischem.co.za or calling 011 589 2788 or 080 010 0036. You can also send an SMS to 4437 and they will contact you and confirm where you want your medicine delivered to;
- Renew your prescription every 6 months with an Affinity Health network GP. To find your closest GP, please contact Customer Care on 0861 00 11 31 (weekdays 8:00 to 16:30).



Programme **Statistics**

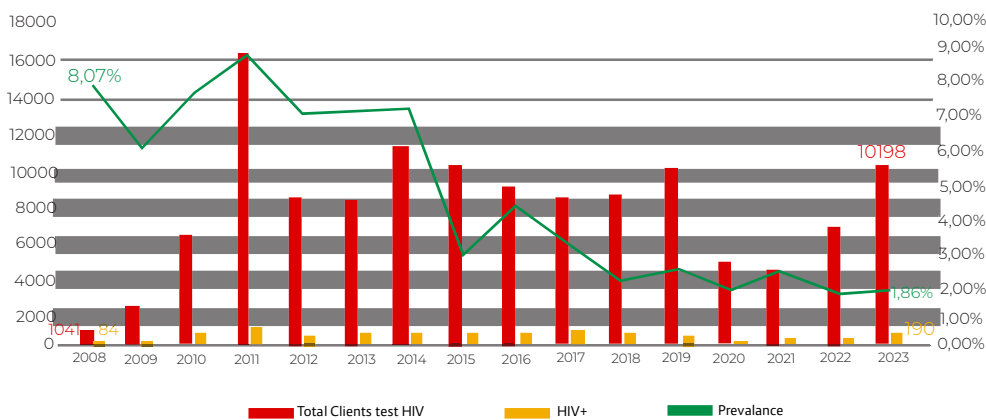
Mobile Wellness Clinic Statistics 2023

FOR THE YEAR OF 2023, THE PROGRAMME THROUGH ITS MOBILE WELLNESS CLINICS ASSISTED AND SUPPORTED:

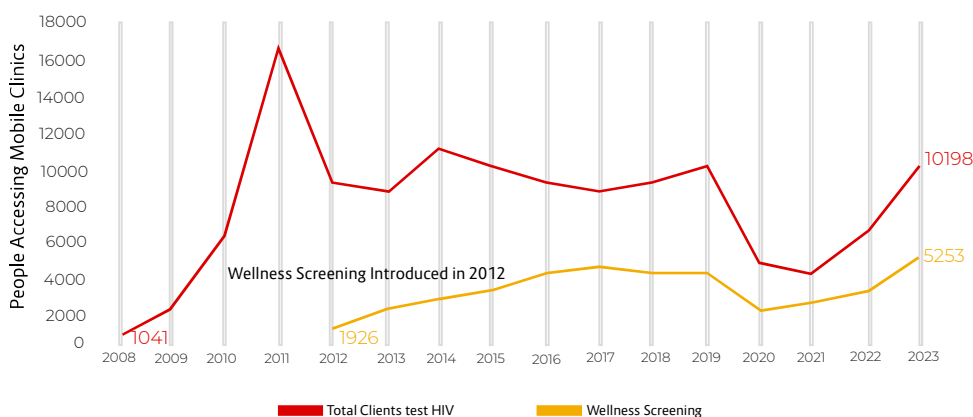


MONTH	TOTAL SITES VISITED	TOTAL TESTED HIV	Total HIV-	Total HIV+	Invalid	Health Screening	TOTAL CLIENTS SEEN	Estimated Employees	Male	Female	Industry Members	Non-Industry Members	Prevalence
JANUARY 2023	3	97	96	1	0	65	162	200	139	23	110	52	1,03%
FEBRUARY 2023	43	1062	1049	13	0	535	1597	9898	1215	382	880	717	1,22%
MARCH 2023	65	1549	1515	33	1	741	2290	4677	1824	466	1138	1152	2,13%
APRIL 2023	30	467	460	7	0	313	780	1854	613	167	395	385	1,50%
MAY 2023	33	717	705	12	0	330	1047	3788	815	232	544	503	1,67%
JUNE 2023	34	749	738	11	0	427	1176	2470	905	271	489	687	1,47%
JULY 2023	46	982	961	21	0	488	1470	3738	1244	226	698	772	2,14%
AUGUST 2023	24	502	494	8	0	195	697	2265	512	185	302	395	1,59%
SEPTEMBER 2023	43	1049	1025	24	0	559	1608	5391	1277	331	762	846	2,29%
OCTOBER 2023	45	986	966	20	0	582	1568	2779	1177	391	483	1085	2,03%
NOVEMBER 2023	60	1447	1424	23	0	719	2166	9999	1574	592	943	1223	1,59%
DECEMBER 2023	32	591	574	17	0	299	890	2305	694	196	398	492	2,88%
TOTAL	458	10198	10007	190	1	5253	15451	49364	11989	3462	7142	8309	1,86%

Mobile HIV Testing & Prevalence



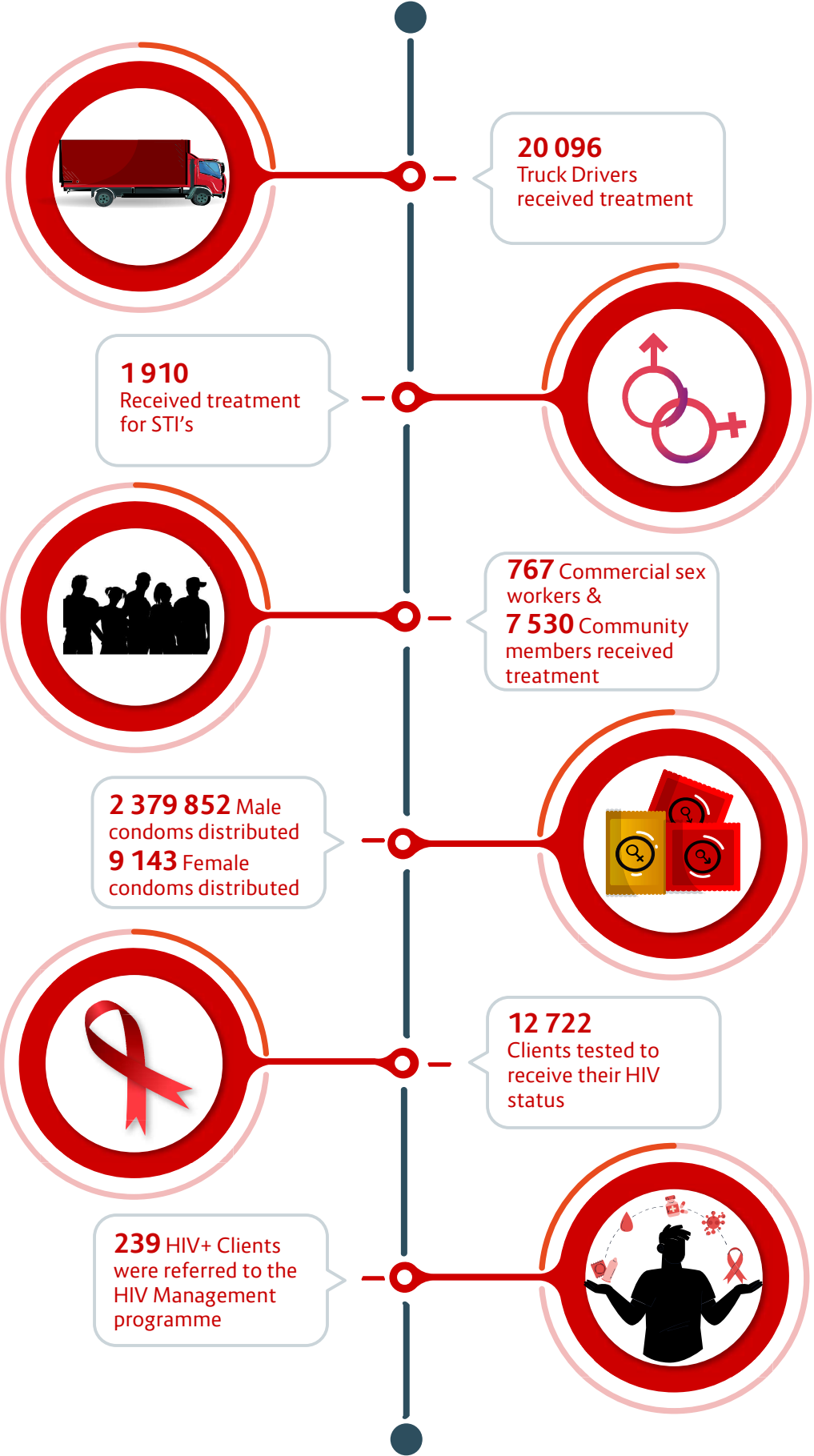
Mobile Clinic HCT and Wellness Screening



Roadside Wellness Clinic HCT Statistics 2023

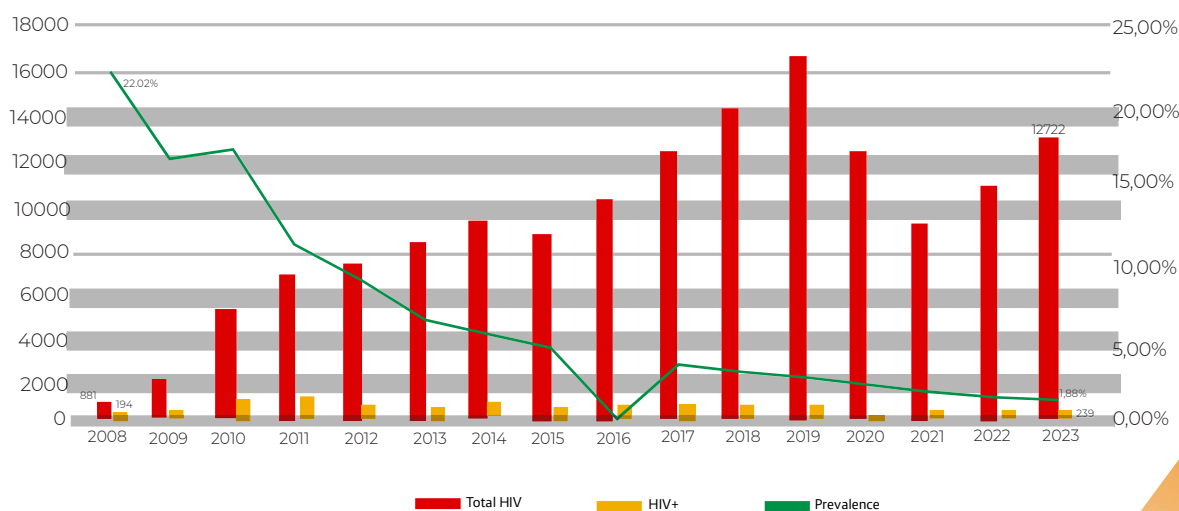
WWW.TRUCKINGWELLNESS.CO.ZA

For the year of 2023 the programme through its Roadside Wellness Clinics assisted and supported:



Clinic Name	Total Tested	Total HIV+	Total HIV-	Discordant	Male Tested HIV	Female Tested HIV	Industry Members	Non-Industry Members	HIV client pre-test counselled (excluding antenata) - Female	HIV client pre-test counselled - male	Client screened for TB (post HIV pre-test counselling)	HIV test client 15-49 years	HIV test client 50 years and older (excl ANC)	HIV test client <15 years	HIV test positive - new (excl antenata) - Female	HIV test positive - new - Male	HIV test positive client 15-49 years	HIV test positive client 50 years and older	HIV test positive client <15 years
BEAUFORT WEST	171	2	169	0	143	28	116	55	28	143	171	139	32	0	0	2	2	0	0
CAPE TOWN	404	5	399	0	360	44	0	404	44	360	404	343	61	0	2	3	4	1	0
COLESBURG	519	8	511	0	492	27	363	156	27	492	519	444	74	1	0	8	8	0	0
EAST LONDON	373	7	366	0	367	6	224	149	6	367	373	301	72	0	0	1	6	1	0
HANOVER	876	35	841	0	845	31	342	534	31	845	876	755	121	0	1	34	33	3	0
HARRISMITH	512	9	503	0	493	19	122	390	19	493	512	425	87	0	0	9	7	2	0
KOKSTAD	516	8	508	0	505	11	332	184	11	505	516	456	60	0	0	8	8	0	0
KOMATIPOORT	736	9	727	0	553	183	313	423	183	553	736	637	98	1	4	5	8	1	0
MARIANHILL	601	18	583	0	582	19	304	297	19	582	601	509	92	0	0	18	12	6	0
MOOIRIVER	766	14	751	1	741	25	553	213	25	741	766	646	117	3	0	14	12	2	0
MTHATHA	425	10	415	0	416	9	247	178	9	416	425	346	79	0	2	8	8	2	0
MUSINA	1419	10	1409	0	1277	142	20	1399	142	1277	1419	1196	218	5	6	4	9	1	0
POMONA	186	4	182	0	166	20	79	107	20	166	186	156	30	0	0	4	2	2	0
PORT ELIZABETH	504	11	492	1	499	5	389	115	5	499	504	423	81	0	0	11	11	0	0
ROODEKOP	1021	9	1012	0	910	111	413	608	111	910	1021	885	135	1	0	9	5	4	0
TUGELA	246	6	240	0	203	43	105	141	43	203	246	185	59	2	2	4	6	0	0
VENTERSBURG	319	19	300	0	123	196	2	317	196	123	319	287	31	1	12	7	17	2	0
VILLIERS	1596	24	1572	0	1562	34	872	724	34	1562	1596	1340	256	0	0	24	20	4	0
WARDEN	410	8	402	0	394	16	212	198	16	394	410	338	72	0	1	7	8	0	0
ZEERUST	1122	23	1099	0	1035	87	200	922	87	1035	1122	919	201	2	3	20	18	5	0
Total	12722	239	12481	2	11666	1056	5208	7514	1056	11666	12722	10730	1976	16	33	200	204	36	0

Clinic HCT Testing and Prevalence %



Year	Health education	Clients seen	Truck Drivers	Sex Workers	STI's treated	Male Condoms Distributed	Female Condoms Distributed
2019	39519	34962	24236	912	1926	2175647	14475
2020	33729	28417	20891	661	1569	2085028	14096
2021	30806	26806	17324	605	1975	2417434	11510
2022	33114	28518	18943	691	2605	2603483	10605
2023	31436	28393	20096	767	1910	2379852	9143
Total	168604	147096	101490	3636	9985	11661444	59829

The above statistics over a 5 year period indicates that there has been a decline in patients visiting the clinics since 2019 to 2023 showing a -18,79% decline. The reason for this being that South Africa announced its first nationwide lockdown in response to the COVID-19 pandemic on March 26, 2020. This lockdown was implemented to mitigate the spread of the virus and to protect public health. While many businesses and services were required to close or operate with restrictions, certain essential services remained operational to ensure the continued functioning of critical sectors.

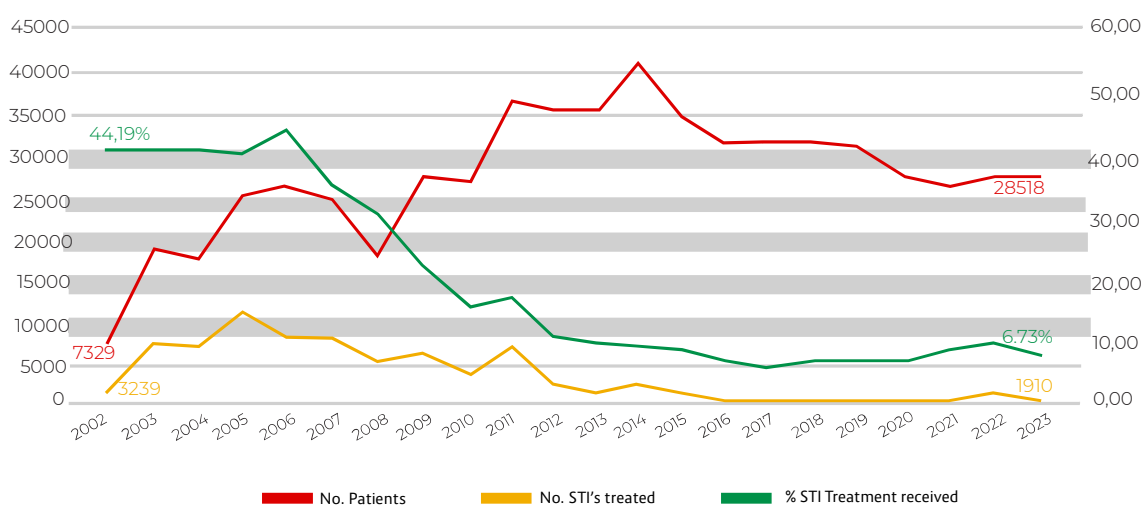
Among these essential services were healthcare providers like the Trucking Wellness Clinics.

Recognized for their vital role in maintaining the health and well-being of truck drivers, the Trucking Wellness Clinics remained open throughout the lockdown period, providing essential healthcare services to support the needs of the transportation industry and ensure the safety and health of its workforce. There was a slight decrease in patient visits from 2019 to 2020, possibly influenced by the onset of the COVID-19 pandemic and associated restrictions. This decline continued into 2021 but began to pick up again in 2022 and remained steady in 2023. With only a 0,44% decrease in patients visiting the Clinics from 2022 to 2023, the 26.70% decrease in STI treatments suggests that health education efforts have been effective. The decline in health education statistics from 2022 to 2023 is linked to factors such as Clinic Coordinator resignations, transfers, and new appointments in 2023.



Roadside Wellness Centres STI Treatment

Number of Patients visiting Clinics receiving STI Treatment



The percentage of patients receiving STI treatment at the Trucking Wellness roadside wellness centres have reflected a constant year on year decrease over the past two decades, starting at 44% in 2002 and reaching 6,73% in 2023. This low number of 6,73% that required STI's treatment amongst mainly long distance truck drivers and sex workers during 2023 decreased slightly from 9,13% recorded in 2022.

The focus on STI prevention and treatment through information, education, testing and condom distribution, by carefully selected peer educators and registered nurses, delivering a target audience specific healthcare service, free of charge, in an appropriate venue and suitable time, all contributes to the reduction of STI infection in long distance truck drivers and sex workers. It can be concluded that the successful prevention and treatment of STI's amongst long distance truck drivers and sex workers can directly be linked to the low HIV infection rate of 1,88% amongst these two high risk population groups.

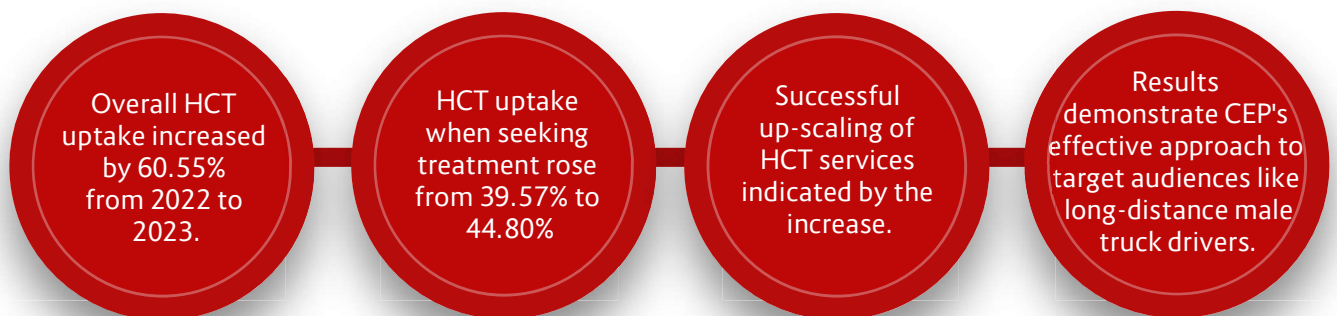
Reduce sexual transmission of HIV

Our Trucking Wellness staff educates clients on practicing safe sex, encourage them to test regularly, education on limiting sexual partners, avoidance of sharing needles.

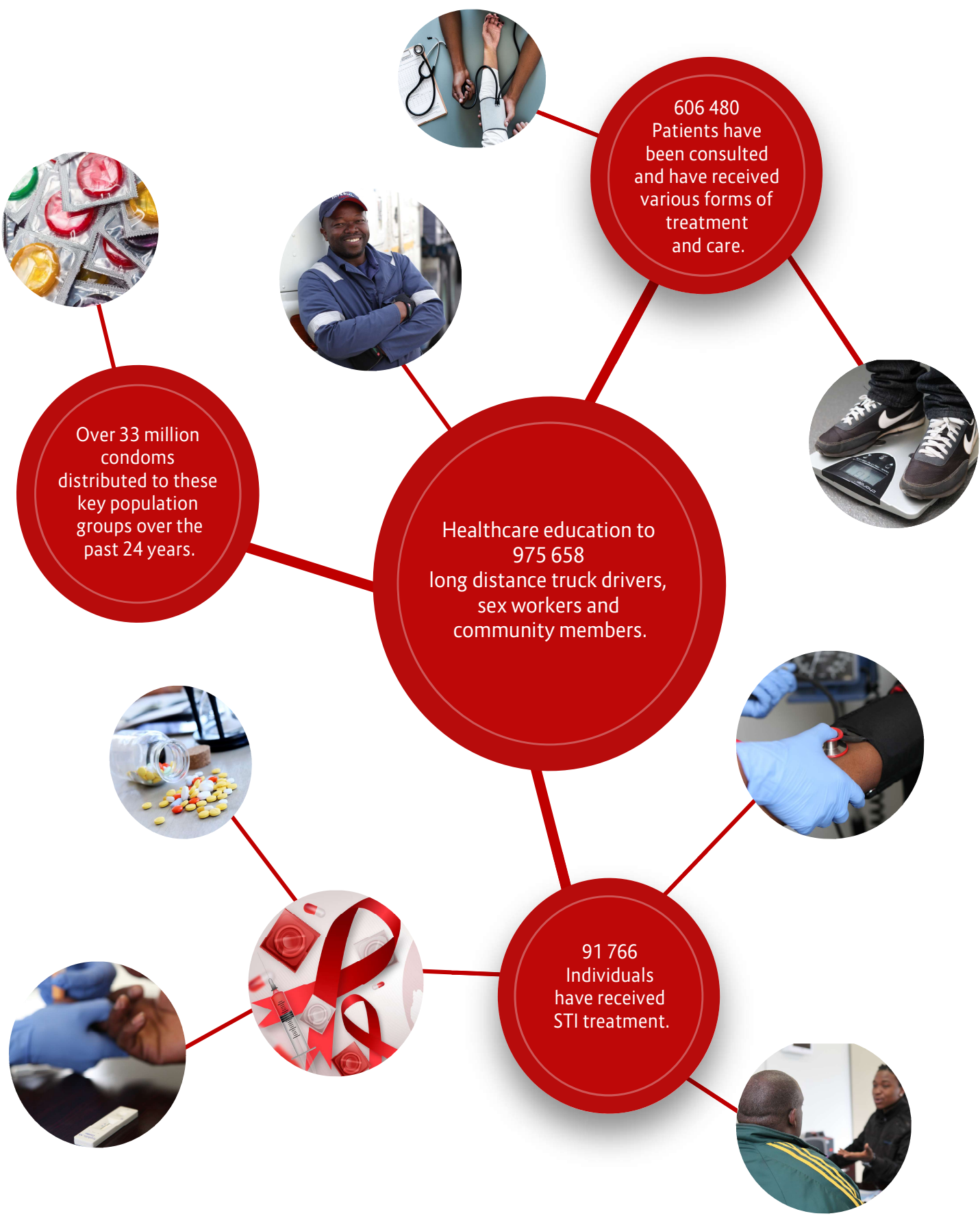
Year	Roadside	% infected	Mobile	% infected	Total	% infected
2022	11285	2,32	6899	1,70	18184	4,02
2023	12722	1,88	10198	1,86	22920	3,74
Variation	1437	-0,44	3299	0,16	4736	-0,28
%	12,73	-18,97	47,82	9,41	60,55	-9,56

Year	Total HCT	Patients	% from treatment seeking patients
2022	11285	28518	39.57%
2023	12722	28393	44.80%

The following conclusions were derived from the above statistics:



Since inception to December 2023, Trucking Wellness has provided the following services:



Achievements Since Inception - 2023

Location	Year Launched	Awareness Education: Truck Drivers & Woman at Risk	Patients: Truck Drivers & Woman at Risk	No of STI Treatments: Truck Drivers & Woman at Risk
Beaufort West (N1)	2000	108700	2000	7093
Harrismith (N3)	2001	57477	24547	6202
Beit Bridge Border Post (N1)	2001	139624	36636	11669
Ventersburg (N1)	2002	57732	49881	6570
Tugela (N3)	2002	69648	29095	16843
Post Elizabeth (N2)	2002	67596	46020	7175
Hanover (N1)	2003	59223	42840	3436
Mooi River (N3)	2004	55985	30413	3134
Komatipoort (N4)	2003	74188	30579	13401
Zeerust (N4)	2005	51103	57095	1479
East London (N2)	2005	25153	28048	968
Kokstad (N2)	2006	33315	17626	4489
Marrianhill (N3)	2008	35909	20296	592
Colesburg (N1)	2009	7884	18764	1021
Mthatha (N2)	2009	27401	13053	929
Villiers (N3)	2010	48972	28311	2257
Gauteng (Closed: 1 December 2021)	2010	6406	25752	1365
Cape Town	2010	10322	52545	842
Warden	2011	18080	16761	887
Roodekop	2011	18501	17347	1273
Pomona (Kelrn Truck Stop)	2021	2439	2518	141
Total		975658	606480	91766

The above numbers reflect 24 years of growth in Wellness Centres, services, employees and patients. One must believe that the distribution of over 33 million condoms, health education to over 900 000 people and treatment of STI's in 91 766 patients did impact on the health and lives of the target audience and many more South Africans.

Condom Distribution: 33,042,658 million as at end December 2023.



Financial Report



**Corridor Empowerment Project NPC
(Registration Number 2006/016165/08)
Annual Financial Statements
for the year ended 31 December 2023**



Statement of Financial Position

	Notes	2023 R	2022 R
Assets			
Non-current assets			
Property, plant and equipment	2	-	5 107
Current assets			
Inventories	3	101 273	253 763
Trade and other receivables	4	398 420	447 844
Cash and cash equivalents	5	2 918 321	3 450 109
		3 418 014	4 151 716
Total assets		3 418 014	4 146 823
Equity and liabilities			
Equity			
Accumulated Surplus		2 977 718	3 502 657
Total equity		2 977 718	3 502 657
Liabilities			
Current liabilities			
Trade and other payables	6	440 296	654 166
Total liabilities		440 296	654 166
Total equity and liabilities		3 418 014	4 156 823

Statement of Comprehensive Income

	Notes	2023 R	2022 R
Revenue			
Donations		19 792 888	16 122 810
Subsidy		462 872	456 352
		20 255 760	16 579 162
Other income			
Fees earned		10 041	117 663
Recoveries		220 247	-
		230 288	117 663
Other expenses			
Accounting fees		(5 850)	(8 571)
Administration and management fees		(11 007 620)	(10 246 271)
Advertising		(119 443)	(112 028)
Advocacy outreach material		(155 174)	(145 178)
Assets expensed		(8 378)	-
Auditors remuneration		(72 419)	(64 127)
Bank charges		(15 287)	(18 559)
Compensation assessment		(1 753)	(3 492)
Computer expenses		(212 243)	(152 086)
Consulting and professional fees		(789 630)	(766 000)
Depreciation		(124 321)	(16 299)
Discount allowed		(1 065)	(1 960)
Donations		-	(25 000)
Employee costs - salaries		(1 310 065)	(832 448)
Insurance		(71 965)	(60 526)
Lease rental on operating lease		(1 096 927)	(1 070 634)
Medical supplies		(2 969 592)	(2 065 798)
Meetings - canvassing		(119 830)	(82 477)
Motor vehicle expense		(103 514)	(131 093)
Municipal expense		(159 325)	(125 409)
Postage		(37 320)	(66 687)
Printing and stationery		(149 831)	(107 401)
Project assets		(1 194 752)	(25 581)
Repairs and maintenance		(207 369)	(342 859)
Staff welfare		(215 908)	(146 999)
Telephone and fax		(311 181)	(381 478)
Training		(476 693)	(400 159)
Travel - local		(104 435)	(74 427)
Vaccine roll out		-	(108 653)
		(21 041 890)	(17 582 200)
Finance income			
Interest received - bank		30 955	19 976
Finance costs			
Interest paid - trade and other payables		(52)	(209)
Loss for the year		(524 939)	(865 608)

Statement of Changes in Equity

	Accumulated surplus R	Total R
Balance at 1 January 2022	4 368 265	4 368 265
Loss for the year	(865 608)	(865 608)
Balance at 31 December 2022	3 502 657	3 502 657
Balance at 1 January 2023	3 502 657	3 502 657
Loss for the year	(524 939)	(524 939)
Balance at 31 December 2023	2 977 718	2 977 718

Gratitude, Collaboration, **and Continued Success**

We express our sincere appreciation to all stakeholders, including clients, partners, employees, and shareholders, for their unwavering support and dedication.

Partners & Sponsors

Sponsors



Partners



Employer Associates



Trade Unions

