### By 2018 we had 21 Roadside Wellness Centres





Driving the well-being of the industry.

# 2016

Finalization of revamped Roadside Clinics: Marianhill, Warden, Villiers, Kokstad, Port Elizabeth, East London and Roodekop completed by July 2016.

Trucking Wellness attended the World Aids Conference in Durban from 18 to 22 July 2016.

#### 2017

CEP arranged and paid for 5 nurses to attend a dispensing course (Zeerust, Hanover, Kokstad, Warden and Colesburg) from 29 May to 2 June 2017 which they successfully passed.

A cloud based capturing system was introduced to the Wellness Mobiles and started producing reports as at end September 2017.

## 2018

Trucking Wellness attended the International AIDS Conference in Amsterdam, Netherlands from 23 to 27 July 2018.

Trucking Wellness applied for dispensing licenses for all nurses in April 2018.

Unitrans became a partner of the Trucking Wellness Programme.

#### Establishment of Quality Assurance Nurses Committee

| Month          | Total<br>Teasted | Positive | Negative | Inconclusive | Male  | Female | Industry Member | Non Industry<br>Member |
|----------------|------------------|----------|----------|--------------|-------|--------|-----------------|------------------------|
| January 2016   | 522              | 29       | 482      | 11           | 476   | 46     | 311             | 211                    |
| February 2016  | 767              | 39       | 708      | 20           | 695   | 72     | 528             | 239                    |
| March 2016     | 751              | 31       | 712      | 8            | 697   | 54     | 514             | 237                    |
| April 2016     | 821              | 39       | 782      | 0            | 770   | 51     | 491             | 330                    |
| May 2016       | 1 647            | 81       | 1 566    | 0            | 1 518 | 129    | 959             | 688                    |
| June 2016      | 812              | 36       | 776      | 0            | 756   | 56     | 469             | 343                    |
| July 2016      | 743              | 43       | 700      | 0            | 690   | 53     | 436             | 307                    |
| August 2016    | 984              | 42       | 941      | 1            | 914   | 70     | 609             | 375                    |
| September 2016 | 1 051            | 51       | 999      | 1            | 972   | 79     | 631             | 420                    |
| October 2016   | 901              | 46       | 855      | 0            | 839   | 62     | 575             | 326                    |
| November 2016  | 885              | 48       | 837      | 0            | 831   | 54     | 530             | 355                    |
| December 2016  | 742              | 31       | 711      | 0            | 769   | 63     | 469             | 273                    |
| Grand Total    | 10 626           | 516      | 10 069   | 41           | 9 837 | 789    | 6 522           | 4 104                  |



Trucking Wellness attended the Southern African AIDS Conference in Durban from 13 to 15 June 2017.

CEP revamped and installed newly developed branding for the Roadside Wellness Clinics.

Patrick O'Leary from Fleetwatch Magazine was appointed as a Non-Executive Board member.

| Month          | Total<br>Teasted | Positive | Negative | Inconclusive | Male  | Female | Industry Member | Non Industry<br>Member |
|----------------|------------------|----------|----------|--------------|-------|--------|-----------------|------------------------|
| January 2017   | 790              | 35       | 755      | 0            | 729   | 61     | 473             | 317                    |
| February 2017  | 878              | 48       | 830      | 0            | 816   | 62     | 552             | 326                    |
| March 2017     | 694              | 27       | 667      | 0            | 648   | 46     | 410             | 284                    |
| April 2017     | 726              | 21       | 705      | 0            | 677   | 49     | 395             | 331                    |
| May 2017       | 1161             | 56       | 1105     | 0            | 1101  | 60     | 752             | 409                    |
| June 2017      | 1019             | 42       | 977      | 0            | 943   | 76     | 614             | 405                    |
| July 2017      | 1023             | 39       | 984      | 0            | 944   | 79     | 443             | 580                    |
| August 2017    | 1168             | 45       | 1123     | 0            | 1088  | 80     | 457             | 711                    |
| September 2017 | 1236             | 57       | 1179     | 0            | 1127  | 109    | 420             | 816                    |
| October 2017   | 1126             | 52       | 1074     | 0            | 1063  | 63     | 235             | 891                    |
| November 2017  | 1147             | 40       | 1107     | 0            | 1077  | 70     | 214             | 933                    |
| December 2017  | 1429             | 94       | 1335     | 0            | 1252  | 177    | 310             | 1119                   |
| Grand Total    | 12397            | 556      | 11841    | 0            | 11465 | 932    | 5275            | 7122                   |



Partnership formed with Fleetwatch Magazine "Your Truck Your Gym"







THE TRUCKING WELLNESS PROGRAMME IS DEDICATED TO THE FIGHTING AND PREVENTION OF HIV/AIDS AND OTHER RELATED DISEASES IN THE ROAD FREIGHT AND LOGISTICS INDUSTRY.

OUR PROGRAMME FOCUSES ON:

Education of HIV/AIDS
Counselling of HIV/AIDS
Testing of HIV/AIDS, TB, blood pressure, blood sugar, blood cholesterol and Malaria
Providing worldclass primary health care
Recognising potential high groups at risk (truck drivers, sex workers, communities in the spectrum the Road Freight and Logistics Industry)

THE PROGRAMME CONTINUOUSLY IMPLEMENTS ANNUAL TRAINING FOR THE 20 COORDINATORS AND 23 REGISTERED NURSES BASED ACROSS THE TRUCKING WELLNESS PROGRAMME.

CESSARY INFORMATION ON: Condom usage Latest information on HIV/AIDS, TB and STI's and Educating patients on healthy lifestyle choices



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Wellness Centre Sites as of 2018