



Driving the well-being of the industry.

ANNUAL REPORT | 2012





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“Another year of remarkable achievements
within Trucking Wellness...”

BACKGROUND

The **Trucking Wellness** Programme was launched in 1999 by the National Bargaining Council for the Road Freight and Logistics Industry (NBCRFLI) to create HIV&AIDS and STI awareness amongst long distance truck drivers and commercial sex workers. Over the years, the Programme has evolved into providing a holistic approach to health and wellness, encompassing a wide range of free primary health care services through a blend of 5 mobile Wellness clinics and 22 fixed Wellness centres. These Wellness centres, which are situated on all major trucking routes, are run in collaboration with industry partners, local government and relevant health departments.

The main focus areas of the Programme are as follows:

- Condom distribution
- STI diagnosing, treatment and education
- HIV awareness, information, education, counselling and testing
- Referrals to appropriate service providers for ART as well as HIV and AIDS treatment and care
- TB awareness, information, education, screening and referrals for treatment and care
- Malaria awareness, information, education, screening and referrals for treatment and care
- Screening tests for blood pressure, blood sugar, cholesterol and body mass index
- Diagnosis, treatment, care and support of any primary care health problem or concern

Trucking Wellness enjoys the support of the four industry unions, as well as the Road Freight Association (RFA). It is managed by the Corridor Empowerment Project (CEP), on behalf of the industry, and has enjoyed year-on-year success since its inception. Through the Programme, many lives have been and continue to be saved or improved.

22 National Roadside Wellness Centres to choose from.



MESSAGE FROM THE CEP CEO

Another year of remarkable achievements within **Trucking Wellness** both humbles me and leaves me motivated to increase our focus and efforts in 2013. So much has been accomplished not only within the borders of our country, but now in four neighbouring countries too, as well as internationally.

In South Africa, a total of 10 922 employees accessed health screening tests and health information in the mobile Wellness Centres, with 9055 accessing HIV counselling and testing. This reflects an 89.9% uptake in HIV testing.

The statistics above reflect an increase in the number of people receiving health information and education, as well as the number of patients consulted. 10.4% of patients treated were treated for STIs. The decline in the number of patients treated for STIs is a positive trend as it again confirms the impact of the programme. The reduction of STIs directly relates to the reduction in new HIV infections.

The programme was also afforded the opportunity to showcase three posters at the World Aids conference in Washington.

All these achievements would not have been possible without the support and hard work from a dedicated team who is always willing to walk the extra mile. A special thanks also goes to the donors and partners who have enabled us to achieve the targets we set ourselves.

Tertius Wessels
CEP CEO



“Trucking Wellness is a sterling example of a successful and sustainable public-private partnership.”



MESSAGE FROM THE NBCRFLI

Reflecting over the past 14 years, since the launch of the **Trucking Wellness** programme by the National Bargaining Council for the Road Freight and Logistics Industry (NBCRFLI) in 1999, it is most encouraging to note the astounding growth of the programme as well as the vast difference it has made not only to the road freight and logistics industry as a whole, but to the individual lives of the industry workers and their families.

As we all know, the lifestyle of a truck driver can often be very hard with gruelling hours, long distances and prolonged loneliness. This desperate loneliness often encourages drivers, both married and single, to turn for comfort to sex workers. On the other hand, these sex workers are driven to their trade by the high unemployment rates which force them to provide a service that will place food on the table. The consequences are devastating, with sexually transmitted diseases (STDs) and HIV/AIDS being spread from one truck stop to another without any discrimination. The nomadic lifestyle of a truck driver also means that it is also very difficult for them to access conventional medical services in order to take care of their health.

Trucking Wellness provides a holistic approach to health and wellness, encompassing a wide range of free primary health care services, including TB and malaria awareness, education, screening and referrals for treatment and care as well as screening tests for blood pressure, blood sugar, cholesterol and body mass index. Other services include education,

training and testing for HIV/AIDS and sexually transmitted infections (STIs) as well as condom distribution, anti-retroviral (ARV) treatment, counselling and emotional support to long-distance truck drivers, commercial sex workers and those at risk, such as driver spouses and partners. The NBCRFLI ultimately strives to combat the spread of HIV/AIDS effectively by encouraging that those who test HIV-negative to remain negative, by keeping those who test HIV-positive healthy and productive for as long as possible, and by positively influencing attitudes to break down the stigma surrounding the disease.

All the **Trucking Wellness** services are provided by registered nurses and counsellors through 22 Roadside Wellness Centres situated nationally on all major trucking routes, complemented by 5 Mobile Wellness Centres. The Wellness Centres operate mostly at night, which is the most convenient and accessible time for long-distance truck drivers. The Mobile Wellness Centres are frequently utilised at company Wellness Days in order to promote good health among truckers and their families, with an emphasis on preventing and treating HIV/AIDS.

Since the establishment of two new Wellness Centres in 2011, there has been a remarkable increase in the number of people gaining access to primary health care and being tested for HIV. Since the programme's inception, approximately 212 000 patients have been examined, over 547 000 truck drivers and women at risk have received health awareness education and more than 14 million condoms have been distributed.

Trucking Wellness is a sterling example of a successful and sustainable public-private partnership. Many thanks to our industry partners, local government, the various provincial health departments, donors and sponsors, the four industry unions, as well as the Road Freight Association (RFA), for your continual support of the **Trucking Wellness** programme. A special word of thanks also goes to the Corridor Empowerment Project (CEP), which has successfully managed **Trucking Wellness** for over ten years. Without all of your support, **Trucking Wellness** would not be the remarkable programme that it is today.

During the year ahead, we aim to further strengthen the **Trucking Wellness** programme through regular training of the Wellness Centre staff as well as effective communication to our members about the **Trucking Wellness** offering. I look forward to witnessing the further growth and success of **Trucking Wellness** during the next year. Through this programme, I have full confidence that many lives will continue to be saved or improved.

Tersia Ströh
Acting CEO of the NBCRFLI



PARTNERS

A sincere thanks goes to all our partners who help to make this Programme the success that it is.



ACTIVITIES DURING THE YEAR UNDER REVIEW

ACTIVITY 1: HELPING COMPANIES MANAGE THE IMPACT OF THE HIV/AIDS EPIDEMIC

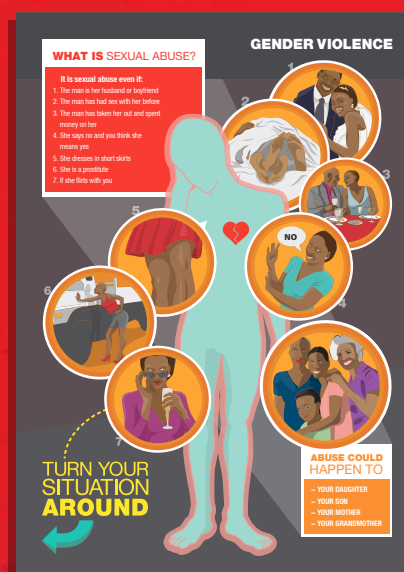
During the year under review, **Trucking Wellness** was approached by a wide range of companies who required HIV Counselling and Testing (HCT) services. It then proceeded to support these companies by managing and mitigating the impact of the Aids epidemic through a range of governance, assessment, surveillance, planning and monitoring strategies.

Trucking Wellness met with the management of each company to discuss their HIV and AIDS risk prior to the commencement of the testing. HCT (including HIV Counselling and Testing, blood pressure measurements, rapid blood sugar level tests, Hb and TB screening – as per the new Government HCT campaign) was then offered onsite through the Mobile Wellness Centres to all employees at 292 worksites, reflecting an increase of 95 sites (48%) from 2011. A total of 10 922 employees accessed health screening tests and health information in the Mobile Wellness Centres, with 9 055 accessing HIV counselling and testing. This reflects an impressive 89.9% uptake in HIV testing.

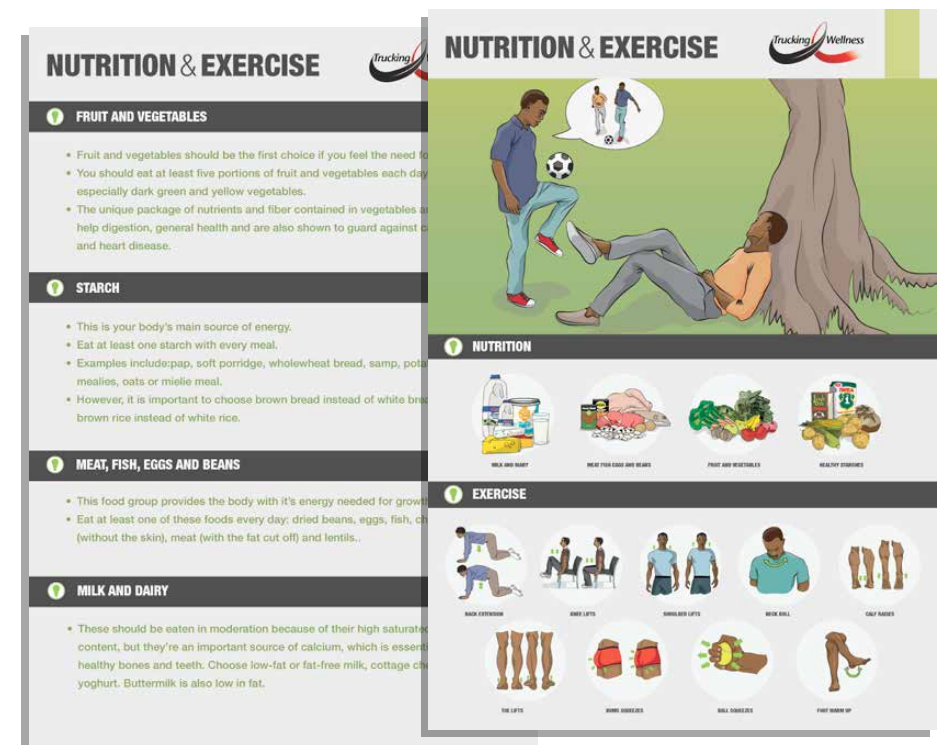
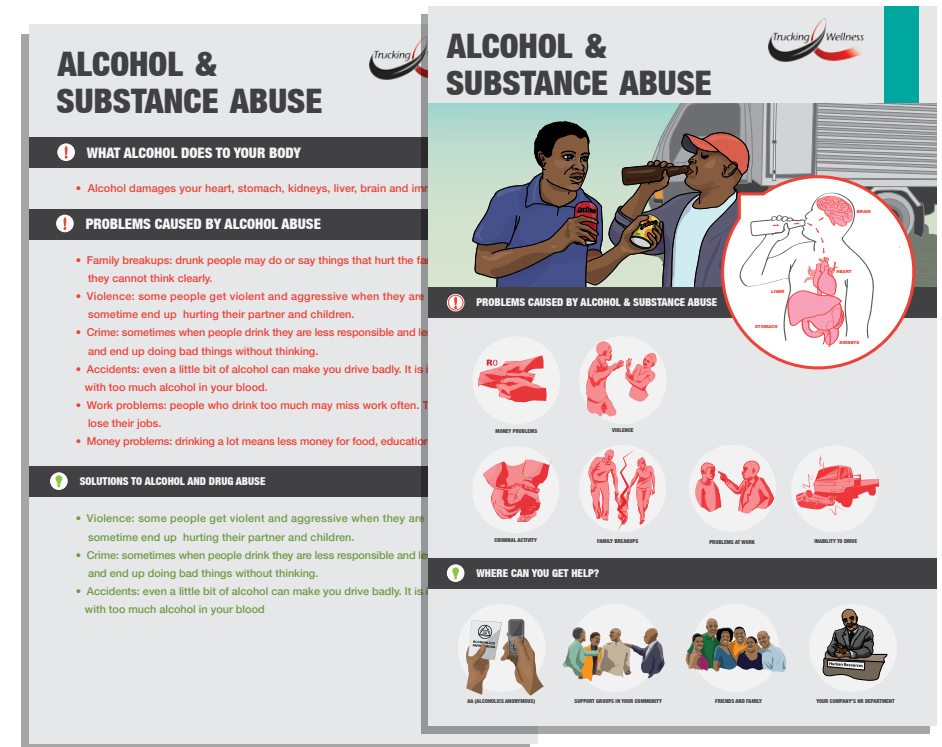
Each company received a detailed report, whilst protecting the confidentiality of each employee, which provided them with analyses from which they could determine the risk pertaining to the health of their employees in conjunction with other related HR data.

ACTIVITY 2: IMPROVING CURRENT HIV, AIDS, STI AND TB INFORMATION AND BEHAVIOUR CHANGE EDUCATION

Trucking Wellness updated the Peer Educator training material and furnished each Roadside Wellness Centre with an A1 laminated training set. This provides the coordinators and registered nurses with up-to-date, easy-to-use and target audience-specific training material that provides healthy lifestyle information with the ultimate focus on behaviour change.



Examples of Flashcards used.



Examples of Posters used.

ACTIVITY 3: DELIVERING APPROPRIATE AND ACCEPTABLE PRIMARY HEALTHCARE ACCORDING TO THE DEPARTMENT OF HEALTH PROTOCOLS AND POLICIES

Wellness Committee

Following the *Trucking Wellness* annual workshop, it was decided to establish a 'Wellness Committee'. Out of the 22 Roadside Wellness Centres, four Centres were identified to form part of the Committee, together with a CEP management representative and an independent healthcare provider. The purpose of the Committee is to assist *Trucking Wellness* management in determining clinical policies and procedures that will facilitate clinical care of the highest standards in the 22 Roadside Wellness Centres. The first workshop took place in April 2012 during which registered nurses from Zeerust, Villiers, Roodekop and Port Elizabeth participated.

During the workshop, the group unanimously agreed that SOPs are crucial for the optimal functioning of the Wellness Centres, as well as to ensure the highest standards of care. The group discussed 'PALSA Plus' which was described at the annual workshop as a clinical service delivery methodology to be used in the Wellness Centres by the registered nurses. It was decided that all the registered nurses will use the current Primary Care Handbook of 2008 as the foundation for their clinical practice, but that the PALSA Plus (an updated version including more chronic diseases soon to be released) must be the document and methodology used within the Wellness Centres.

With the PALSA Plus covering most of the working procedures to be followed in the clinical practice of HIV/AIDS, TB, ASTHMA/COPD and STIs, the group identified the following SOPs to be drafted:

- Patient consultation
- Post-exposure prophylaxis (PEP)
- Sexual assault
- Emergency box
- CD4 Count
- Pregnancy tests
- Malaria tests
- Sick notes

The group agreed that the following clinical interventions must always form part of the clinical practice of the registered nurse in the Wellness Centres:

- Vital signs (respiration, heart rate/pulse, temperature and blood pressure)
- HCT offering (offer and motivate patients to be tested for HIV)
- TB screening

PIMA machines

The Alere Pima™ CD4 test provides a revolutionary point-of-care solution to the challenge of providing an absolute CD4 count within 20 minutes to those with restricted access to such testing. This is especially important for truck drivers who have limited time to seek healthcare. By understanding their HIV disease progression immediately, individuals are able to gain early access to specific treatment, care and support. Not only does it provide the opportunity to commence early treatment where required, which will result in long-term longevity, but it also helps to reduce the transmission of HIV, thus using treatment as a form of prevention.

Trucking Wellness is proud to announce that all 22 Roadside Wellness Centres have received PIMA machines, 17 of which are using the machines as part of their healthcare service delivery. The five remaining registered nurses will receive training in 2013. Feedback received from the registered nurses who are using the PIMAs is only positive. The machines have greatly enhanced the care provided to HIV-infected people.

Trucking Wellness has also developed a protocol with regards to CD4 count testing that is in line with government and private practice standards.



ACTIVITY 4: ESTABLISHING A PEER EDUCATION PROGRAMME WITHIN COMMERCIAL SEX WORKER COMMUNITIES SURROUNDING WELLNESS CENTRES, COMPANIES AND AT WELLNESS CENTRES THEMSELVES

During the year in review, an industry-specific Workplace Peer Educator programme was developed, together with Nimiko Training, which is available to all companies within the Road Freight Industry at no cost as part of the *Trucking Wellness* programme. The only cost to interested companies is the reprinting of the materials and the time spent by the employees attending the training. The programme consists of eleven modules which cover the following:

- Alcohol & substance abuse
- Cholesterol
- Nutrition & exercise
- Gender violence
- Diabetes
- Flu
- Tuberculosis
- STIs
- Healthy relationships
- Hypertension
- An overview of the *Trucking Wellness* project

ACTIVITY 5: RE-LAUNCH OF THE PORT ELIZABETH ROADSIDE WELLNESS CENTRE

As part of a continuous improvement programme, *Trucking Wellness* evaluates the appropriateness of the location of its Roadside Wellness Centres. After careful consideration, the Port Elizabeth Roadside Wellness Centre was relocated to a new truck stop site. The formal re-launch was held on Wednesday 31 October 2012 in order to coincide with Transport month. The event was a huge success, with all the important stakeholders including the NBCRFLI, Engen and the Road Traffic Management Corporation participating in the event.

ACTIVITY 6: ANNUAL STAFF WORKSHOP 2012

Trucking Wellness facilitated a Wellness Centre workshop for all clinical employees. Sixty registered nurses and clinic coordinators attended the four day workshop from 13 to 15 March 2012 at the Willow Park Conference Centre in Johannesburg. The workshop firstly focused on the improved quality of care delivered in the Roadside Wellness Centres. The clinical practice session was interactive and positive, but with a clear message that only the highest standards and adherence to all policies and procedures will be accepted in future.

The workshop outline was as follows:

- State of the Nation Address delivered by the President of the Republic of South Africa on 9 February 2012
- Budget speech as delivered by the National Minister of Finance, Mr Pravin Gordhan, on 22 February 2012
- Summary of the newly released National Strategic Plan on HIV, STDs and TB 2012 – 2016
- South African Nursing Council rules and regulations
- Basic conditions of employment Act, 1997 – summary to be kept by an employer in terms of section 30
- *Trucking Wellness* Roadside Wellness Centre: Standard Operating Procedures
- CEP vision and mission
- Sida and MBSA requirements
- NBCRFLI policies and procedures

“Through this programme, I have full confidence that many lives will continue to be saved or improved.”

All the nurses and coordinators reflected a very high level of knowledge regarding HIV prevention, care and support. The majority of the group expressed and demonstrated commitment and loyalty towards *Trucking Wellness* and the project. One of the areas that was given particular attention was the clarification of the clinical data management system that *Trucking Wellness* wants the nurses to follow. At the end of the presentation, all participants wrote a commitment statement.

ACTIVITY 7: HIV COUNSELLING AND TESTING COURSE FOR MOBILE WELLNESS CENTRE DRIVERS

Four Mobile Wellness Centre drivers participated in an HIV Counselling and Testing course from 16 to 18 July 2012 at the Foundation for Professional Development. All the participants confirmed the value in attending the course and now feel comfortable to assist the registered nurses during health screening days as they will be able to conduct the HIV pre-test counselling. This qualification not only enhances the individuals’ skill sets, but also facilitates optimum use of the employees during health screening interventions – thus providing a better service to the client.



ACTIVITY 8: INTERNATIONAL WORLD AIDS CONFERENCE IN WASHINGTON DC

Trucking Wellness participated in the International World AIDS Conference in Washington from 22 to 27 July 2012. It showcased the successes achieved through the **Trucking Wellness** programme by presenting three poster abstracts to conference attendants.



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SUCCESSFUL STI PREVENTION, TREATMENT AND CARE IN LONG DISTANCE TRUCK DRIVERS AND SEX WORKERS ON NATIONAL ROUTES IN SOUTH AFRICA

WHAT IS TRUCKING WELLNESS?
A primary healthcare delivery programme dedicated to the wellness of those employed in the Road Freight and Logistics Industry.

BACKGROUND
Trucking Wellness has offered STI prevention, treatment and care services since 2002 to long distance truck drivers, sex workers and surrounding communities at 22 strategically located wellbeing centres alongside national routes.

METHODS
The CEP have carefully selected and educated HIV prevention peer educators to provide HIV, AIDS, STI and TB information, education and pre-test counselling at the 22 wellbeing centres. The peer educators engage in health seeking behaviour conversations with individuals at the truck stops. Once the individual has been motivated and shows interest in seeking healthcare services, they are accompanied to the Wellbeing Centre where they receive information, education and pre-test counselling. The registered nurse then provides testing, post-test counselling, treatment and care.

RESULTS
An estimated 13 128 654 condoms have been distributed since 2002.

The percentage of patients receiving STI treatment at the Trucking Wellness roadside wellbeing centres have reflected a constant year-on-year decrease over the past decade, starting at 44% in 2002 and reaching 19% in 2011. This low number of 19% that required STIs treatment amongst mainly long distance truck drivers and sex workers during 2011 increased only slightly from 16% recorded in 2010, although the overall treatment seeking % increase with 34% in 2011 from 2010.

CONCLUSION
The focus on STI prevention and treatment through information, education, testing, treatment and condom distribution by carefully selected peer educators and registered nurses delivering a target audience specific healthcare service free of charge in an appropriate venue and suitable time all contributes to the reduction of STI infection in long distance truck drivers and sex workers.

It can be concluded that the successful prevention and treatment of STIs amongst long distance truck drivers and sex workers can directly be linked to the low HIV infection rate of 11.76% amongst these two high risk population groups tested in the cohort.

YEAR	NO. PATIENTS	NO STIs TREATED	%
2011	3486	716	19.36
2010	2742	404	16.02
2009	2809	679	24.18
2008	2135	681	31.9
2007	2540	945	37.24
2006	2707	992	35.75
2005	2551	1247	48.91
2004	1726	795	42.9
2003	1989	852	2
2002	732	329	44.19


YEAR	NO. PATIENTS	NO STIs TREATED	%
2011	2957	3901	
2010	4032	1204	




THE NUMBER OF STIs TREATED

ROADSIDE VCT	INFECTED	MOBILE VCT	INFECTED	TOTAL	INFECTED	
2011	7342	11.78	16220	8.81	23562	9.74










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UP-SCALING OF VCT SERVICES TO HCT IN TRUCKING WELLNESS FOR LONG DISTANCE TRUCK DRIVERS AND SEX WORKERS AS PART OF THE SOUTH AFRICAN GOVERNMENT HCT CAMPAIGN

WHAT IS TRUCKING WELLNESS?
A primary healthcare delivery programme dedicated to the wellness of those employed in the Road Freight and Logistics Industry.


BACKGROUND
On WAB 2009, the South African government launched a national campaign to fight HIV/AIDS. 15 million people live in high risk areas and high risk populations.

METHODS
• Alignment with national HCT
• In task team
• Integrated health services
• Increased primary health care services (busing)
• Use of government vehicles
• Increased number of staff
• Offer service at truck stops
• Task shifting to pre-test counsellors
• Employ appropriate staff




CONCLUSION
A 103% increase in the number of patients treated for HIV/AIDS in the transport sector. 42% to 63.8% HCT up-scaling of VCT to appropriate appropriate distance male truck drivers.




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TRUCKING WELLNESS A SUCCESSFUL MODEL FOR HIV PREVENTION, TESTING, CARE AND SUPPORT IN THE TRANSPORT SECTOR

WHAT IS TRUCKING WELLNESS?
A primary healthcare delivery programme dedicated to the wellness of those employed in the Road Freight and Logistics Industry.

BACKGROUND
Poverty, human migration and the mobile nature of the road freight industry makes the achieving of healthy lifestyles amongst long distance truck drivers extremely challenging. HIV, AIDS and other life threatening diseases have a huge impact on the trucking industry, placing a major strain on the economic and social health of the transport sector.

The CEP has developed a sustainable model of primary healthcare delivery to this high risk population through Trucking Wellness. Aimed at truck drivers and women at risk, Trucking Wellness' 22 roadside wellbeing centres at truck stops operate mostly at night. Mobile wellbeing centres bring healthcare to workplaces during working hours. These centres offer HIV and AIDS awareness and education, STI treatment, primary healthcare, condom distribution, voluntary HIV testing with referrals to appropriate treatment service providers for secondary care and ART. All these services are offered free of charge. The wellbeing centres are staffed by registered nurses and counsellors who provide much needed support, both medically and emotionally. This programme shifts the focus from mere prevention to integrated wellness which is achieved through health-seeking behaviour that ultimately results in healthy lifestyles.


The Trucking Wellness Programme's success and sustainability is hinged on its complete buy in and integration from industry stakeholders and the South African National Department of Health. It is this collaboration of private and public partnerships that solidifies its success, making it sustainable in the long term.

CONCLUSION
There is broad consensus that the South African health system has reached a crucial point in its history. The trucking industry realised some time ago, due to ongoing stigma around HIV and the demand for other health services, that broader health and wellness services rather than narrowly defined HIV/AIDS programmes should be offered. The transport sector has become one of the most proactive in tackling HIV and primary health care. As a result, they have become world leaders in their responses to HIV/AIDS in the workplace.


The CEP delivers a service to the trucking industry and the broader community in collaboration with government, making this a model for a public-private partnership to be replicated elsewhere in South Africa e.g. taxi and rail industries. As a supporting role-player, the CEP is ideally positioned to complement and extend the government's activities with capacity, infrastructure and technical skills.

LOCATION	YEAR LAUNCHED	AWARENESS TRUCK DRIVERS & WOMEN AT RISK	PATIENTS TRUCK DRIVERS & WOMEN AT RISK	NO OF STI TRUCK DRIVERS & WOMEN AT RISK
Blaauwburg West (H1)	2000	81790	7041	5894
Blaauwburg West (H2)	2001	20226	15054	2602
East London Border Post (H1)	2001	10554	1911	911
Traffordburg (H1)	2002	20860	2792	1538
Port Elizabeth (H2)	2002	20002	1992	1538
Harare (H1)	2003	27022	1668	252
East London (H2)	2004	27042	1668	252
Komatiport (H4)	2003	34872	2182	7907
Zimisi (H4)	2005	23452	1628	612
East London (H2)	2005	14896	664	792
Midlands (H2)	2005	12522	1224	342
Marikani (H3)	2008	6216	489	346
Conynburg (H1)	2009	2552	224	242
Witwaters (H2)	2009	4519	1120	111
Witwaters (H2)	2009	4654	1120	111
Conynburg (H1)	2010	151	109	126
Witwaters (H2)	2010	151	109	126
Witwaters (H2)	2011	1611	140	242
Witwaters (H2)	2011	1611	140	242
TOTAL		503273	18525	64194

Condom Distribution: 13,128,654 million (estimated)



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ACTIVITY 9: NATIONAL DEPARTMENT OF HEALTH KEY POPULATIONS WORKSHOP

Trucking Wellness provided specific input, based on the lessons learned through the *Trucking Wellness* programme, during the National Department of Health Key Populations Workshop on 1 August 2012 at the Health Department in Pretoria. Specific input regarding the HIV and TB risk, prevention, diagnosing, treatment and care of truck drivers and sex workers was required for the Key Populations Guideline. The input provided by *Trucking Wellness* will be included in the update of the National Strategic Plan on HIV, STDs and TB 2012 – 2016. *Trucking Wellness* will be recognised as a contributor and partner in the guidelines, once they are released.

ACTIVITY 10: MONITORING AND EVALUATION

An increased focus was placed on the monitoring and evaluation of the *Trucking Wellness* programme during 2012. The successes, lessons learned and best practices are continuously monitored, evaluated, determined, documented and shared globally. This enables the outcomes and real impact of the project to be established, as opposed to only collecting data.

ACTIVITY 11: ELECTRONIC HEALTHCARE DATA MANAGEMENT SYSTEM

The Electronic Healthcare Data Management System project officially kicked off in July 2011. In a phased approach, Falcop Technologies (Pty) Ltd implemented the Electronic Health Data Management System at six Wellness Centres and at Head Office, as a pilot study. To date, all 22 Roadside Wellness Centres have received the updated Healthcare Data Management System – including clinical coding for diagnosis developed by the Working Wellness Committee. All 26 registered nurses have also received training and are using the system with comfort.

Relevant SOPs have been developed to guide the registered nurses in operating the system, as well as to ensure excellent clinical care is provided in support of the system.

The implementation of the system has multiple advantages for all stakeholders in the programme. It has however not been without challenges. Using the system optimally will be the focus of the 2013 financial year, as utilisation of the system by the registered nurses has proved to be more difficult than anticipated. More training and change management is required. There is also a drive to integrate the patient records at the HIV management service provider in order to bridge the gap between the testing that takes place at the *Trucking Wellness* sites and the referral of HIV+ industry members to CareWorks which provides them with ARV treatment. The complete integration of the services will mean that CareWorks will be able to share the progress, status and drug adherence information with *Trucking Wellness*, thereby enabling *Trucking Wellness* registered nurses to give HIV-infected drivers better patient care as they will know what areas need to be addressed or counselled on. The new system also captures far more detailed data and will allow *Trucking Wellness* to analyse trends to a greater extent in the future, enabling it to provide Sida and the South African government with far more appropriate and applicable data to guide all stakeholders in decision and policy making.

“So much has been accomplished not only within the borders of our country, but now in four neighbouring countries too, as well as internationally”



ACTIVITY 12: GBCHEALTH MALARIA CONFERENCE

Trucking Wellness attended the GBCHealth Malaria Conference in Johannesburg on Wednesday 10 October 2012. Dr Clifford Panter, Group Health and Safety Advisor for Mercedes-Benz South Africa, secured their partnership with *Trucking Wellness* by providing delegates with the opportunity to access health screening tests over the two days of the conference in two *Trucking Wellness* mobile units. Mayur Bhana, Group Corporate Affairs Manager at Mercedes-Benz, also addressed the audience with information on the *Trucking Wellness* project and the commitment of Mercedes-Benz South Africa towards the health and wellness of the truck drivers in Southern Africa.

ACTIVITY 13: VISIT BY THE SWEDISH MINISTER OF FINANCE

The Swedish Minister of Finance and his entourage of 30 people, representing members of parliament, the foreign ministry to African countries and Sida, visited the Roodekop Wellness Centre in Johannesburg on Monday 29 October 2012. The Wellness Centre, and *Trucking Wellness* as a programme, only received praise from the visitors. The Minister commented that the *Trucking Wellness* programme must be seen as a leader in its field.

ACTIVITY 14: WORLD AIDS DAY 2012

The theme for World AIDS Day 2012 was 'Getting to Zero', with the objectives of:

- ZERO new HIV infections;
- ZERO deaths related to HIV; and
- ZERO discrimination towards HIV infected and affected people.

On World AIDS Day, 1 December 2012, all the *Trucking Wellness* clinics spread this message as far and wide as possible. All Mobile Wellness Centres were utilized for HCT testing at various businesses and organisations. Each Roadside Wellness Centre conducted individual outreach programmes to promote HIV testing and awareness in their communities.

ACTIVITY 15: MBSA WINTER COLLECTION COMMUNITY OUTREACH

Trucking Wellness participated in the MBSA Winter Collection Handover Event in Orange Farm on Thursday 14 June 2012. Three Mobile Wellness Centres were made available for health screening tests and health education to the community from 09:00 to 15:00. Themba Mthombeni, Operations Director of the CEP, addressed the community, on behalf of *Trucking Wellness*, during the formal opening and encouraged all in attendance to access the services available. A large number of 90 people consulted the three registered nurses during the day.



STATISTICS

ROADSIDE WELLNESS CENTRE PRIMARY HEALTHCARE

Mobile Wellness Centres HCT

YEAR	TOTAL HIV	HIV+	HIV-	PREVALENCE
2012	9 055	638	8 417	7.04%
2011	16 220	1 429	14 791	8.81%
2010	6 204	504	5 688	8.12%

Roadside Wellness Centres HCT

YEAR	TOTAL HIV	HIV+	HIV-	INDETERMINATE	PREVALENCE
2012	7 415	677	6 733	5	9.13%
2011	7 342	865	6 467	10	11.58%
2010	5 379	940	4 404	35	17.58%

Roadside Wellness Centres

YEAR	AWARENESS EDUCATION	PATIENTS	STI TREATMENTS
2012	57 130	33 435	3 487
2011	54 569	30 854	9 180
2010	146 318	55 275	16 647

The statistics above reflect an increase in the number of people receiving health information and education, as well as the number of patients consulted. 10.4% of patients treated were treated for STIs. The decline in the number of patients treated for STIs is a positive trend as it again confirms the impact of the *Trucking Wellness* programme in the reduction of STIs, which directly relates to the reduction in new HIV infections. The 62% decrease in STI treatment also correlates with the 44.6% decrease in condom distribution. This trend needs to be monitored during 2013.

NETWORK ACHIEVEMENT SINCE INCEPTION - DECEMBER 2012

LOCATION	YEAR LAUNCHED	AWARENESS EDUCATION: TRUCK DRIVERS & WOMEN AT RISK	PATIENTS: TRUCK DRIVERS & WOMEN AT RISK	NO OF STI TREATMENTS: TRUCK DRIVERS & WOMEN AT RISK
Beaufort West (N1)	2000	88 829	9 022	6 116
Harrismith (N3)	2001	40 931	19 105	3 955
Beit Bridge Border Post (N1)	2001	86 228	25 980	9 306
Ventersburg (N1)	2002	32 488	14 571	5 508
Tugela (N3)	2002	44 624	30 591	15 663
Port Elizabeth (N2)	2002	42 681	18 790	5 983
Hanover (N1)	2003	40 865	11 715	2 614
Mooi River (N3)	2004	39 355	11 412	2 594
Komatipoort (N4)	2003	38 389	24 350	8 242
Zeerust (N4)	2005	26 458	7 717	780
East London (N2)	2005	16 038	7 885	857
Kokstad (N2)	2006	14 500	6 304	2 172
Marrianhill (N3)	2008	9 651	5 946	415
Colesburg (N1)	2009	3 916	3 672	439
Mthatha (N2)	2009	10 047	3 050	325
Villiers (N3)	2010	18 499	4 495	704
Gauteng	2010	173	7 246	1 050
Cape Town	2010	1 110	1 719	197
Warden	2011	3 390	2 850	370
Roodekop	2011	2 231	2 940	391
TOTAL		560 403	219 360	67 681

Condom Distribution: 14 784 641 million (estimated)

Year-on-year growth from 2011 to 2012 reflects an increase of 57 130 (11.35%) people receiving awareness information and education, 33 435 (17.98%) more patients receiving primary healthcare treatment and care, and 3 487 (5.4%) more patients being treated for STIs. The above numbers reflect 12 years of growth in the Roadside Wellness Centres, and subsequently the services they offer, the amount people they employ and the number of patients they treat.

One must believe that the distribution of almost 15 million condoms, health education to over half a million people and treatment of STIs in 67 681 patients positively impacted the health and lives of not only *Trucking Wellness's* target audience, but many more South Africans too.

FINANCIALS

DIRECTORS' RESPONSIBILITIES AND APPROVAL

The directors are required by the Companies Act of South Africa 2008, to maintain adequate accounting records and are responsible for the content and integrity of the audited annual financial statements and related financial information included in this report. It is their responsibility to ensure that the audited annual financial statements fairly present the state of affairs of the company as at the end of the financial year and the results of its operations and cash flows for the period then ended, in conformity with the International Financial Reporting Standard for Small and Medium-sized Entities. The external auditors are engaged to express an independent opinion on the audited annual financial statements.

The audited annual financial statements are prepared in accordance with the International Financial Reporting Standard for Small and Medium-sized Entities and are based upon appropriate accounting policies consistently applied and supported by reasonable and prudent judgments and estimates.

The directors acknowledge that they are ultimately responsible for the system of internal financial control established by the company and place considerable importance on maintaining a strong control environment. To enable the directors to meet these responsibilities, the board sets standards for internal control aimed at reducing the risk of error or loss in a cost effective manner. The standards include the proper delegation of responsibilities within a clearly defined framework, effective accounting procedures and adequate segregation of duties to ensure an acceptable level of risk. These controls are monitored throughout the company and all employees are required to maintain the highest ethical standards in ensuring the company's business is conducted in a manner that in all reasonable circumstances is above reproach. The focus of risk management in the company is on identifying, assessing, managing and monitoring all known forms of risk across the company. While operating risk cannot be fully eliminated, the company endeavours to minimise it by ensuring that appropriate infrastructure, controls, systems and ethical behaviour are applied and managed within predetermined procedures and constraints.

The directors are of the opinion, based on the information and explanations given by management, that the system of internal control provides reasonable assurance that the financial records may be relied on for the preparation of the audited annual financial statements. However, any system of internal financial control can provide only reasonable, and not absolute, assurance against material misstatement or loss.

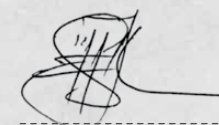
The directors have reviewed the company's cash flow forecast for the year to 31 December 2013 and, in the light of this review and the current financial position, they are satisfied that the company has or has access to adequate resources to continue in operational existence for the foreseeable future.

The external auditors are responsible for independently reviewing and reporting on the company's audited annual financial statements. The audited annual financial statements have been examined by the company's external auditors and their report is presented on pages 4 to 5.

The audited annual financial statements set out on page 6 to 17, which have been prepared on the going concern basis were approved by the board on 30 January 2013 and were signed on its behalf by:



Tertius Wessels



Nelson Themba Mthombeni



Ryan Clinton Goosen



Michelle Steyn

INDEPENDENT AUDITORS' REPORT

To the members of Corridor Empowerment Projects Non-Profit Company

We have audited the audited annual financial statements of Corridor Empowerment Projects Non-Profit Company, which comprise the statement of financial position as at 31 December 2012, the statement of profit and loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and the notes, comprising a summary of significant accounting policies and other explanatory notes, and the director's report, as set out on pages 6 to 17.

Directors' Responsibility for the Audited Annual Financial Statements

The company's directors are responsible for the preparation and fair presentation of these audited annual financial statement in accordance with the International Financial Reporting Standard for Small and Mediumsized Entities and in the manner required by the Companies Act of South Africa, 2008. This responsibility includes: designing, implementing and maintain internal controls relevant to the preparation and presentation of annual financial statements that are free from material misstatement, whether due to fraud of or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditors' Responsibility

Our responsibility is to express an opinion on these audited annual financial statements based on our audit. We conducted our audit in accordance with the International Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance whether the audited annual financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the audited annual financial statements. The procedures selected depend on the auditors' judgement, including the assessment of the risks of material misstatement of the audited annual financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the audited annual financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the audited annual financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the audited annual financial statements present fairly, in all material respects, the financial position of Corridor Empowerment Projects Non-Profit Company as at 31 December 2012, its financial performance and its cash flows for the year then ended in accordance with the International Financial Reporting Standard for Small and Medium-sized Entities and the requirements of the Companies Act of South Africa, 2008.

Other matter

Without qualifying our opinion, we draw attention to the fact that the supplementary information set out on pages 18 to 19 does not form part of the audited annual financial statements and is presented as additional information. We have not audited this information and accordingly do not express an opinion thereon.

Other reports required by the Companies Act

As part of our audit of the audited annual financial statements for the year ended 31 December 2012, we have read the Directors' Report for the purpose of identifying whether there are material inconsistencies between these reports and the audited audited annual financial statements. This report is the responsibility of the respective preparer. Based on reading this report we have not identified material inconsistencies between this report and the audited audited annual financial statements. However, we have not audited this report and accordingly do not express an opinion on this report.

Moore Stephens FRRS Incorporated
Chartered Accountants (S.A.)
Registered Auditors

30 January 2013

Moore Stephens House
6 Lakeside Place
Kleinfontein Lake
Benoni
1501

Per: Anton Ferreira

STATEMENT OF FINANCIAL POSITION

FIGURES IN RANDS	2012	2011
ASSETS		
Non-Current Assets		
Property, plant and equipment	441 967	691 571
Current Assets		
Trade and other receivables	1 140 149	2 809 527
Cash and cash equivalents	1 872 844	6 852 017
	3 012 993	9 661 544
Total Assets	3 454 960	10 353 115
EQUITY AND LIABILITIES		
Equity		
Retained income	1 344 371	3 823
LIABILITIES		
Current Liabilities		
Trade and other payables	2 066 600	10 349 292
Provisions	43 989	–
	2 110 589	10 349 292
Total Equity and Liabilities	3 454 960	10 353 115

STATEMENT OF PROFIT AND LOSS AND OTHER COMPREHENSIVE INCOME

FIGURES IN RANDS	2012	2011
Income received from donors	19 986 105	25 130 038
Cost of awareness services	(3 251 035)	(4 143 428)
Gross profit	16 735 070	20 986 610
Other income	–	2 725
Operating expenses	(14 813 805)	(22 473 587)
Operating profit (loss)	1 921 265	(1 484 252)
Investment revenue	152 108	737 105
Finance costs	(732 825)	–
Profit (loss) for the year	1 340 548	(747 147)
Other comprehensive income	–	–
Total comprehensive income (loss) for the year	1 340 548	(747 147)



Driving the well-being of the industry.

Trucking Wellness

Super Group Park
c/o Barbara & Brollo Rd
Elandsfontein, Isando
1600

PO Box 1188, Boksburg, 1459

Tel 011 387 3424

Fax 086 693 3997

Email info@truckingwellness.co.za